Toronto metro

Your essential daily news | WEEKEND, NOVEMBER 11-13, 2016 | High 8°C/Low 0°C Cloudy

A MOMENT TO REFLECT

metroNEWS

The front lawn of Manulife's headquarters has been covered with 11,800 Canadian flags to represent just a fraction of Canadian Armed Forces members killed since the days of the South African War.
EDUARDO LIMA/METRO

TRUMP MEETS OBAMA (and it was kinda awkward)

DOWNTOWNERS GET MORE POWER AT CITY HALL

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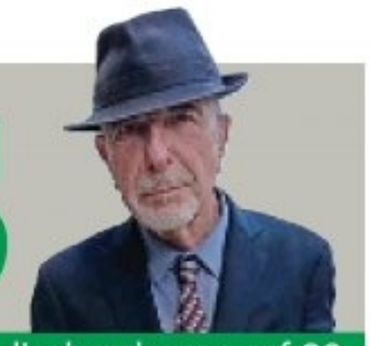

Montreal-born poet, songwriter and artist Leonard Cohen has died at the age of 82.

Program to curb youth crime stalled

metro EXCLUSIVE

City has set aside $100K but additional funds needed

May Warren
Metro | Toronto

Youth advocates are calling out the provincial and federal governments for not delivering on money pledged for an innovative new program they say could help curb gun violence in the city.

About $400,000 for a citywide program called pre-charge diversion was promised in June as one of a series of measures to prevent crime. It was supposed to start this fall.

"We were all ecstatic about it, and, as of yet, we have not heard anything from anyone really about the money being rolled out," said Veronica Salvatierra, youth criminal justice co-ordinator at St. Stephen's Community House.

The new program is supposed to be based on a pilot between the community agency and police at Toronto's 14 Division. Aimed at people between the ages of 12 and 17, it allows youth charged with minor crimes to avoid being charged by attending workshops and mentoring sessions.

The idea is that by keeping them out of the justice system they can get their lives back on track, instead of going down a road that could lead to more serious crimes, including gun violence, in the future.

Coun. Joe Cressy, Toronto's Youth Equity advocate, said the program can represent a second chance, at a critical "tipping point" in young people's lives.

But, right now, the people who need help have been left to wait.

"An announcement was made, a ribbon was cut, the money never arrived, the work was never done," Cressy said about the program's delay.

The city has already allocated $100,000 in its own budget, according to city staff, and done prep work, but the additional funds are needed to start rolling out the program.

It's not clear how much each higher level of government has committed.

Metro's requests for comment from the Ministry of the Attorney General and Ministry of Child and Youth Services were directed to the Ministry of Community Safety and Correctional Services.

Yanni Dagonas, a spokesman there, did not respond to questions about why there is a delay and when the money will arrive. The province "remains committed to providing funding as soon as possible," he said in a statement.

The federal Ministry of Public Safety and Emergency Preparedness, also named in the initial city release on the program, did not immediately respond to a request for comment.

Veronica Salvatierra, youth criminal justice co-ordinator with St. Stephen's Community House, is waiting on funding from the province and feds so a program to keep young people from entering the justice system can roll out citywide. EDUARDO LIMA/METRO

JULIAN JONES

Two arrested in U.S. man's beating death

Toronto police have charged two men with second-degree murder after Baltimore college student Julian Jones, 26, was punched, kicked and stomped to death as he lay helpless on the street in Little Italy last weekend.

Homicide investigators are seeking a third suspect who's described as white, male, in his late 20s and slim, Det. Sgt. Gary Giroux told a news conference on Thursday morning.

Jones died en route to hospital early Saturday morning after he was punched and kicked in the head outside Blnd Tger on College Street.

The arrests of the two suspects were made without incident on Wednesday after police studied a cellphone video of the attack on Jones, Giroux said.

Jones and a group of friends were visiting Toronto for a bachelor party, police say.

"The deceased and his friends were set upon by a group of males who wanted to fight," Insp. Bryan Bott said on Thursday.

"Mr. Jones and his friends are not the aggressors," Giroux said.

It was Toronto's 58th homicide of 2016.

Jones was separated from a group of five to eight friends and beaten to death as he lay semi-conscious on the street, Giroux said.

Jones' friends are now back in the U.S., Giroux said. Some of them were injured in the attack, he said. "I may send investigators to the U.S. to do photo lineups," Giroux said.

He said police are not releasing images because they do not want to spoil photo lineups with potential witnesses.

"I would describe the key evidence as a cellphone video," Giroux said. "It was taken by one of the friends of the deceased from Maryland."

Kamari Folkes, 24, and Kenneth Omorogbe, 25, were each charged with second-degree murder. They appeared at Old City Hall court this morning and were remanded in custody until Nov. 22. TORSTAR NEWS SERVICE

Julian Jones died early Saturday morning. CONTRIBUTED

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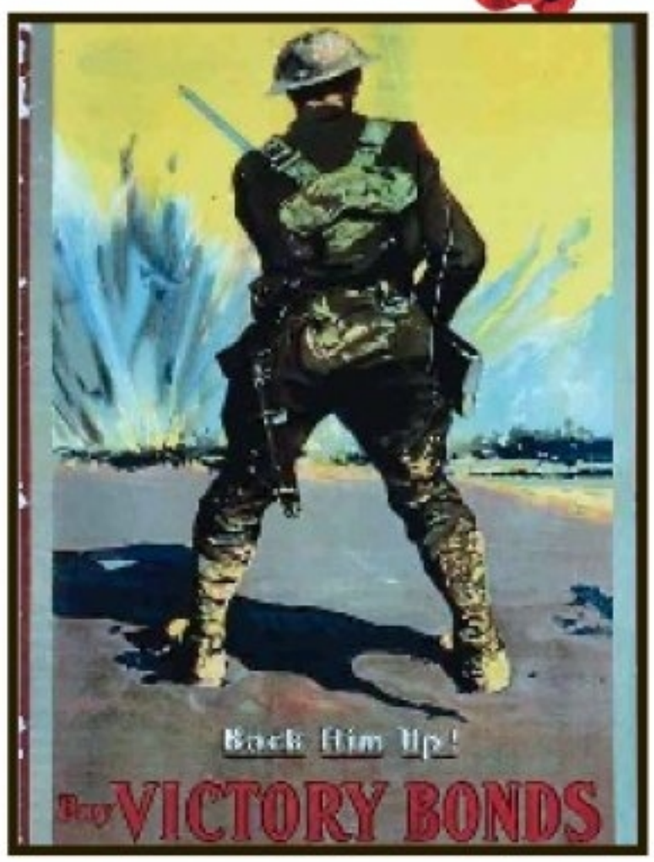

Some of the vintage posters from wartime, currently available at the Toronto Reference Library as part of its digital archive project. CONTRIBUTED

War posters collection a piece of living history

REMEMBRANCE DAY

More than 500 examples in Reference Library archive

Gilbert Ngabo
Metro | Toronto

Think of them as an early form of tweets and email.

War posters — whether asking people to enlist or to support the military effort financially — were the only to reach onto the streets and urge people to take action.

"They didn't have Internet or TV or social media back then," said Tania Henley, senior service specialist at the Toronto Reference Library. "These posters were the only way of communication between government and the citizens."

The library's special collections department has been collecting the wartime memorabilia — once plastered on walls and storefronts across the country — for years, and is now home to a basement archive of more than 500 posters from the World Wars.

They become especially popular around Remembrance Day, serving as pieces of living history that provide a perspective into the politics of the day, Henley said.

Messages on the posters vary from patriotic to outright shaming of those who didn't join up.

> **These posters were the only way of communication between government and the citizens.**
> Tania Henley

At the end of the First World War, there were posters encouraging Canadians to show their patriotism by buying "victory bonds," some of which were offered at a very competitive rate return — about 5.5 per cent on a $50 investment in 1918.

"They really tell people of today what people of that time were thinking, what their concerns were," Henley said.

"It gives you a first-hand view of what was going on."

FIRST WORLD WAR

Remember with paper poppies

To memorialize soldiers and nurses killed in the First World War, a Toronto lawyer is proposing that paper poppies be displayed on their former homes for Remembrance Day, 2018.

The project, spearheaded by Patrick Shea, would see temporary poppy markers distributed to the homes associated with those deceased veterans. The occupants would be encouraged to place those poppies — 10 to 13 centimetres in diameter — in a front window or other prominent location for the week leading up to Nov. 11, 2018. That will be the 100th anniversary of the war's end.

Beneath the poppy, on the weatherproof paper, will be the phrase We Will Remember Them.

The aim "is to show the impact of a war on a community," explained Shea, who is hoping to work with Heritage Toronto on this idea. Shea has also sent his proposal to The Royal Canadian Legion seeking permission to use the poppy symbol.

While the exact address of a deceased veteran can, sometimes, be inexact, Shea said the key is that it is "an address associated with an individual who was killed."

For some deceased, that would mean poppies are distributed to more than one home.

The temporary poppies, which will cost about 40 cents each to make, would be mailed with a letter of explanation to homeowners. Shea is still arranging funding for printing the markers, though it may be covered by his law firm, Gowling WLG.

He hopes the poppies can eventually be replaced by permanent ceramic ones.

TORSTAR NEWS SERVICE

IN THE GTA

- Mayor John Tory will lead the ceremony at Old City Hall starting at 10:45 a.m.
- Similar events will also take place at civic centres in East York, North York, Etobicoke and Scarborough. There will also be events at Queen's Park, Sunnybrook Health Sciences Centre and Toronto Centre for the Arts.
- The TTC will observe two minutes of silence at 11 a.m., with all subways, streetcars and buses pausing. Veterans can ride the TTC for free on Friday.

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▼ Year End Bonus Offer is available to qualifying retail customers who cash purchase/finance/lease a select new, in-stock 2016, **2016.5 and 2017 Mazda model from an authorized Mazda dealer in Canada between November 1 – 30, 2016. Amounts by** model: $500 off all 2016 and 2017 Mazda3/Mazda3 Sport, all 2016 and 2017 Mazda6, all 2016 and 2017 CX-3, all 2016 and 2016.5 CX-5, all 2016 and 2017 Mazda5, all 2016 and 2017 MX-5 & MX-5 RF and all 2016 CX-9 models. Year End Bonus Offer will be deducted from the negotiated price before taxes. Customer can substitute Owner Loyalty for Year End Bonus. Offer cannot be combined with Loyalty offer. See dealer for complete details.
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††Finance Pricing for new 2016 Mazda3 G (D4GK96AA00) is $16,650 financed at 1.49% over 84 months equals bi-weekly payments of $88 with $1,495 down payment, cost of borrowing is $813 with a total obligation of $17,464. As shown, 2016 Mazda3 GT (D4TL86AA00) is $26,550 financed at 1.49% over 84 months equals bi-weekly payments of $145 with $1,495 down **payment, cost of borrowing is $1,345 with a total obligation of $27,895. NOTE: 2016 Mazda3 finance offers include $750 finance** cash. Finance payments include freight and P.D.E. of $1,695, $10 OMVIC fee (all models), $23.75 Tire Stewardship Fee (all models), and $100 Air Conditioning charge (where applicable). PPSA of $121.61 and first monthly payment are due at finance inception. Offers exclude HST.
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A motion passed by council described the new cars as "militaristic." BERNARD WEIL/TORSTAR NEWS SERVICE

Chief halts grey police car rollout

OPTICS

City derides dark vehicles as an attempt to look 'cool'

Toronto cop cruisers will remain white, red and blue, at least for now, after police Chief Mark Saunders reversed a decision to replace them with new, much criticized, dark grey cruisers.

"There are people who like them. There are people who don't like them. The concern that has been expressed has convinced me that further work is necessary," Saunders said in a statement Thursday.

Less than 24 hours earlier, city council passed a motion asking the Toronto Police Services Board to retain the current colour scheme of its patrol cars "pending further review."

The motion said the "stealth grey, militaristic colour scheme" sent the wrong message to the public, and the decision seemed prompted by a desire to choose a "cool-looking" design over one "that encourages public respect and engagement."

> **Any decision should be backed up by science and not whim.**
> Michael Felip

Safety experts have also been critical of the grey for its lack of visibility on city streets.

At its last meeting, the Toronto police civilian oversight board asked Saunders to explain the rationale behind the colour switch because board members had not been consulted.

Saunders said at the time he didn't think he needed board input and that no "deep thought" went into it.

The rollout, which began in September, was supposed to happen over three years. To date, slightly more than 100 grey cruisers are on the road.

On Thursday, the retired staff sergeant responsible for introducing the white cruisers to Toronto streets welcomed the news that Saunders had reconsidered.

When Michael Felip first heard the police fleet was going grey, he thought it was not a well-thought out decision and wondered, "Where's the science?"

Thirty years ago, the then Metropolitan Toronto Police force assigned dark coloured cars to officers who were working undercover — not on general patrol.

"Grey cars blended into the background. That was the whole idea of them," Felip said Thursday. TORSTAR NEWS SERVICE

ROAD SAFETY

Premier outlines photo-radar zones

Parents who pushed for better road safety near their schools and in their communities prompted new legislation that will allow municipalities to install photo radar and lower speed limits, Premier Kathleen Wynne said Thursday.

At a news conference at Northlea public school in Toronto's Leaside neighbourhood — in her riding — Wynne said families there were among those across the province "saying, 'We need to see something happen. You know, the streets are filled with cars that are driving too fast, and we're worried about our kids.'"

Cities will also be able to lower speed limits in school and community-safety zones from the typical 50 or 40 km/h, she added.

Drivers who are caught will face fines but not demerit points, said Transportation Minister Steven Del Duca, adding that it will be up to communities to install cameras or reduce speed limits, or do both. TORSTAR NEWS SERVICE

DEADLY STREETS

One dead, one wounded as van strikes pedestrians

One female pedestrian is dead and another sustained life-threatening injuries after a van struck them in Scarborough on Thursday evening.

The collision occurred just after 5:30 p.m. in the Brimley and Arnprior roads area. One woman was found without vital signs, said police; the other was temporarily trapped under a vehicle. Information on their ages was not immediately available. TORSTAR NEWS SERVICE

Province may hold key to first home

With Premier Kathleen Wynne set to announce legislation to help first-time home buyers next week, Metro spoke with young people on the front lines of Toronto and the GTA's overheated housing market about what they'd like to see.

MAY WARREN/METRO

Long-time downtown Toronto renter Lang Moran wants debt relief: "I think a lot of people who are young professionals and who are looking to buy their first home, the biggest issue is current debt," she said.

EDUARDO LIMA/METRO

Colby Lang Moran, 32

"Many of us spend years paying off a 15-year-old debt and that's why we don't have the money to buy homes."

She'd like to see financial literacy education so kids understand what loans and buying a home really involve.

Christie currently rents with her husband but would love to buy if prices weren't so high.

"We are now sort of the first generation for whom home ownership is not a reasonable milestone," she said.

COURTESY WATTPAD

Molly Christie, 31

Christie would like to see more incentives for condo living, including financial assistance and more infrastructure geared towards vertical communities.

Newlywed Margeson has been searching for that perfect starter home for over a year on the edge of the GTA, just north of Vaughan. She's having trouble finding something affordable. With Toronto's hot market bleeding into her community, she'd like to see incentives for developers to provide smaller starter homes. "What's being built now are these subdivisions with these giant homes on postage stamp lots," she said.

CONTRIBUTED

Allie Margeson, 24

"In an ideal world," Gillis would be a first-time home buyer, but in a city where semi-detached homes easily go for over a million dollars, she's left renting an Ossington basement apartment.

EDUARDO LIMA/METRO

Jess Gillis, 37

Gillis would like to see the government "tie inflation to wages," so that if home prices continue to go up, people's salaries do as well.

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Casino Rama issues warning after breach

CYBERSECURITY

Hacker claims to have workers' and customers' financial details

An Ontario casino is warning customers, vendors and staff to monitor all bank accounts, credit cards and other financial transactions for suspicious activity after an alleged cyberattack.

Casino Rama Resorts in Rama, Ont., said a hacker claims to have accessed customers' credit inquiries, collection and debt information, as well as employee information that included payroll data, social insurance numbers and dates of birth.

Vendor information and casino financial reports were also allegedly accessed. "Data security is a top priority for Casino Rama Resorts, and we take our responsibility to protect our customers', employees' and vendors' personal information very seriously," said John Drake, Casino Rama Resort's president and chief executive officer, in a statement.

"Casino Rama Resort deeply regrets this situation and recognizes the seriousness of this issue." The casino said it became aware of the breach on Nov. 4. The hacker has claimed that employee information is from 2004 to 2016, and other information dates to 2007.

The casino says there is no indication the hacker still has access to the Casino Rama system. However, it is possible stolen information may be published.

The casino is working with the Ontario Provincial Police, RCMP, Ontario Lottery and Gaming Corporation and Alcohol and Gaming Commission of Ontario. The provincial and federal privacy commissioners have also been alerted of the breach.

The Ontario Lottery and Gaming Corporation said the cyberattack has been contained to Casino Rama, as its computer system is not linked with any other casino gaming facilities in the province. TORSTAR NEWS SERVICE

The Ontario Lottery and Gaming Commission says the attack was site-specific. BRETT POPPLEWELL/TORSTAR NEWS SERVICE

4 Things to do this weekend

Feeling a bit of a mental crunch after what proved to be a roller coaster of a week? Can't blame you. There's plenty of things happening this weekend to help blow off a little steam — and force some relaxation. GILBERT NGABO METRO

1 Kensington Market Food Tour

Turn the market's multicultural food stores into a world passport on a trip that's sure to provide plenty of comfort food to please any palate. The excursion starts at 11:30 a.m. Saturday at 321 Spadina Ave. includes an introduction to the neighbourhood's history.

2 Get inked

If you're feeling a special need for a fresh start or a stronger-than-normal urge to proclaim you're a proud Canadian, Inkbox might have the answer. The company that makes special temporary tattoos with fruit-based, organic ink is having popups this weekend at 48 Charlotte St. featuring its limited edition Toronto-themed collection.

3 Go to Iceland

For the sixth year, the weekend-long Taste of Iceland brings a variety of cuisine, literature, film and music to various venues across the city. It could be just the kind of staycation you need to clear your head and get a fresh perspective.

4 Turn back the clock

Take a trip to the Flipside — The Gladstone Hotel's massive sale of vintage and vinyl records sourced from DJs and collectors. More than 30,000 items are promised including plenty of jazz, funk, Caribbean, rock, reggae and disco titles. The sale starts at 10 a.m. Sunday at 1214 Queen W.

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Core doubles its influence

DEMOCRACY

Prior ward boundaries 'hopelessly out of whack'

Luke Simcoe
Metro | Toronto

People living in the core are about to get a louder voice at Toronto City Council.

A plan to increase the number of city councillors from 44 to 47 ahead of the 2018 election will double the number of downtown wards — and that means more voting power on everything that affects the people who live there, local politicians and experts say.

Ryerson politics professor Myer Siemiatycki called the decision, which passed council Wednesday, "a good day for local democracy in Toronto."

"The prior ward boundaries were getting hopelessly out of whack with any basic principle of representation by population. Some wards have literally twice the population of others," he said.

Nowhere is that disparity more apparent than downtown, where a population of nearly 250,000 people is now spread across wards 20, 27 and 28. Under the new plan, downtown will have six councillors.

"You had three councillors trying to manage the equivalent of a small city," said Ward 20 Coun. Joe Cressy. "Our constituents' voices weren't being given equal weight."

Siemiatycki predicts the change — which means losing a ward in the west end of the city — will have a "ripple effect" on Toronto's political landscape.

"Mayor John Tory's support on council now comes from more suburban areas," he said. "Politicians from the city core tend to have a different mindset and a different set of priorities."

Ward 28 Coun. Pam McConnell said that if the new boundaries had been in place this term, some key votes may have gone differently.

"Just look at the votes we lost, like on the Gardiner," she said, referencing the 24-21 decision not to tear down the eastern leg of the aging expressway. "When you look at some of these really important issues, three or four votes can make the difference between moving forward or standing still."

Rather than stoking the flames of the urban-suburban divide, McConnell said the ward changes are an opportunity for the entire city to be represented more equitably.

If the list of new ward boundaries had been in effect this term, some feel the eastern portion of the Gardiner Expressway would no longer be standing. TORSTAR NEWS SERVICE FILE

BACKGROUND

- On Wednesday, council approved a plan to increase the total number of city councillors from 44 to 47 ahead of the 2018 election.
- The result will redraw the boundaries of all but six wards, and create three new wards downtown.

IN BRIEF

Six hundred Ontarians died of opioids in one year

A study has found the use of prescription opioids varies dramatically across Ontario, but overall the potent and addictive drugs are responsible for hundreds of overdose deaths in the province.

The study by researchers at the Ontario Drug Policy Research Network found 638 people died in 2013 from opioid overdoses — a rate of about one death for every 20,000 residents in the province.

TORSTAR NEWS SERVICE

School bus driver shortage will linger past Christmas

Three months into the school year, a bus driver shortage that caused bedlam in September and left children late or stranded across the GTA is still affecting as many as 5,000 students, Ministry of Education statistics show.

And while the situation is improving, the shortage is not expected to be resolved by Christmas, Toronto District School Board trustees learned Wednesday. TORSTAR NEWS SERVICE

#METROARTSCHALLENGE

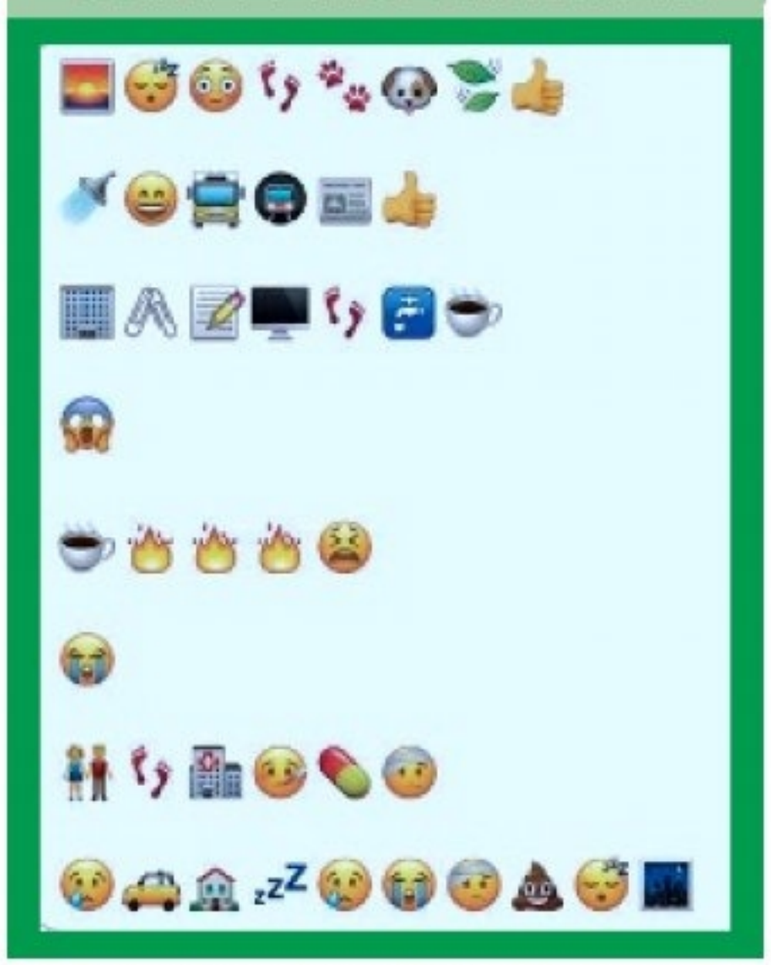
Emoji epics, in terrific translation

Readers' iconic responses to "How was your day?"

Genna Buck
Metro | Toronto

For this week's Metro Arts Challenge, we asked you to tell us a story about your day, but with a language restriction: Emojis only. From ambulance-worthy accidents (get well soon Vera) to furry friends and election day and everything in between, you rose to the task once again. We got far too many to print.

CHALLENGE WINNER

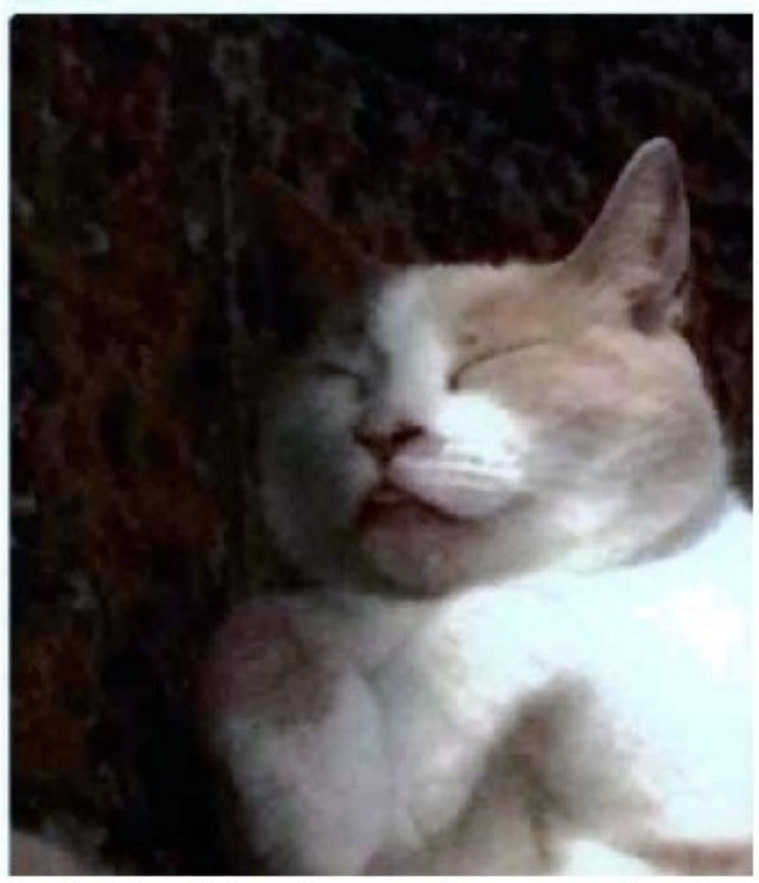


Vera Teschow sent us her emoji essay with this note: "The day I got burned with hot water last week at the office... As told in emojis! I have some disgusting photos of my actual second degree leg burns too if you're interested." This story had plot, which is why our art director Jason Logan chose it as his favourite. Congrats Vera!

RUNNER-UP

Kevin Vuong found the challenge challenging. "This was super fun, though I didn't realize my life was so boring until I had to write it in emojis," he said. We think you did admirably.

THIRD PLACE



Our first arts challenge from a non-human came to us via Twitter. Thanks, **Popcorn**, for sharing the sweet, simple story of your day.

HONOURABLE MENTION

York University scientist Dawn Bazely sent us this emoji epic on Nov. 8. It's "my election roller coaster hour-by-hour," she wrote.

YOUR NEXT CHALLENGE: DRAW TORONTO MEMORIES

Since it's the season of remembrance, we want you to share a Toronto memory that is meaningful to you. Here's the catch: It must fit in this tiny Torontonian's thought bubble. Scan your creation or take a photo (the highest quality you can manage) and send it to **genna.buck@metronews.ca,** or tweet with the hashtag **#MetroArtsChallenge.**

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Trudeau praises vets, reopens service centre

VETERANS AFFAIRS

Part of effort across country to get offices back in place

Prime Minister Justin Trudeau speaks at the reopening of the Veterans Affairs office in Sydney, N.S. THE CANADIAN PRESS

Justin Trudeau paid tribute to Canada's veterans Thursday during an emotional visit to a Royal Canadian Legion branch in Cape Breton, where the prime minister chatted and posed for selfies with old warriors, many of them wearing rows of medals from past conflicts.

The visit, scheduled a day before Remembrance Day, followed the official reopening of a Veterans Affairs office in Sydney, which was closed amid much protest in January 2014 when Stephen Harper was prime minister.

"The closing of the service centre here in Sydney was a catalyst for change, symbolizing the neglect that veterans were subject to under the previous government," Trudeau told a crowd of about 200, most of them shivering as an icy wind cut across the front of the newly renovated building.

"Today, we're doing what we should do much more of: honouring our men and women in uniform, past and present."

Trudeau said the Conservative party had "lost its sense of what was actually important" when it shuttered nine Veterans Affairs offices across the country in 2014, including Cape Breton's only dedicated office.

The office closures became part of a larger narrative about the Harper government's treatment of former soldiers, sailors and airmen, amid a growing list of complaints about pensions, benefits and lack of treatment for mental illnesses.

Harper's cost-cutting move prompted vigorous protests. Rallies were held in several cities.

At Thursday's ceremony, Trudeau said it was a priority for his year-old government to re-open veterans' offices across the country. He said they plan to open a 10th office in Surrey, B.C., and said hundreds of staff have been hired across the country to lower wait times and improve service.

Veterans Affairs Minister Kent Hehr said the new Sydney office will employee 15 people, and about 140 veterans will also work with case managers.

"We are committing to ensuring that they get the support that they deserve," Hehr said, noting that about 2.3 million Canadians have served in the military since Confederation. "I can't imagine a more appropriate tribute so close to Remembrance Day."

THE CANADIAN PRESS

AMBER ALERT

Saskatchewan police find missing girl's body

Nia Eastman HANDOUT

RCMP in Saskatchewan say they have found the body of a missing seven-year-old girl who had been the subject of an Amber Alert. The alert was issued by police in Nipawin overnight after Nia Eastman was not returned to her mother.

Police said Nia's father, Adam Jay Eastman, was found dead earlier in the day from self-inflicted injuries. Officers found the girl's body in a home in Choiceland, a small community not far from Nipawin, where the father rented a home.

RCMP Insp. Jennifer Ebert said investigators were trying to piece together what happened after Nia's father picked her up from school on Wednesday.

On Tuesday a Facebook page belonging to a Jay Eastman features photos of a little girl and an unidentified woman. On Wednesday, the cover photo was changed to a picture of a skull and crossbones with the slogan: "Leave me alone. I've had enough." There were no further posts after that. THE CANADIAN PRESS

IN BRIEF

Workers rescued after tunnel collapse in Ottawa

Three workers trapped in a collapse in a light rail tunnel under construction in Ottawa have been rescued. Ottawa city Coun. Mathieu Fleury said at the scene near the University of Ottawa that the majority of workers escaped and the three were trapped in a "safe zone."

THE CANADIAN PRESS

Gunshots reported at Vancouver Canadian Tire

Vancouver police responded to what they called a "serious" incident at a Canadian Tire store Thursday afternoon on the city's eastside. No other details were released, but media reports say shots were fired near a Canadian Tire store based on interviews with witnesses. THE CANADIAN PRESS

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High school students protest in opposition of Donald Trump's presidential election victory in front of City Hall in San Francisco, on Thursday. ERIC RISBERG/THE ASSOCIATED PRESS

Anti-Trump protesters take to streets across U.S.

TENSION

Demonstrators chanting 'not my president!'

Demonstrators took to the streets in San Francisco and gathered in a New York City park Thursday to express their outrage over Donald Trump's unexpected presidential win while Trump supporters took to social media and denounced demonstrators as hypocrites or worse for not accepting defeat in a democratic process.

High-spirited high school students marched through San Francisco's downtown, chanting "not my president" and holding signs urging a Donald Trump eviction. They waved rainbow banners and Mexican flags, as bystanders in the heavily Democratic city high-fived the marchers from the sidelines.

"As a white, queer person, we need unity with people of colour, we need to stand up," said Claire Bye, a 15-year-old sophomore at Academy High School. "I'm fighting for my rights as an LGBTQ person. I'm fighting for the rights of brown people, black people, Muslim people."

In New York City, about a hundred protesters gathered at Union Square in Manhattan to protest a Trump presidency. They held signs that read "Divided States of America" and "Not My President" and "Let the New Generation Speak!!"

At a subway station along 14th Street, New Yorkers expressed their thoughts — "Time to Fight Back" and "Keep the Faith! Our work is just beginning!" — along the walls of a walkway using sticky notes.

On Twitter, Trump supporters accused protesters of not respecting the process because it didn't work out in their favour.

"You're literally protesting against free democratic elections. Go live in North Korea, you absolute trash," one said. "They're not protesting Trump, they're protesting democracy and the right to disagree with them. Isn't that fascism," said another.

Thousands demonstrated Wednesday around the country, from New England to Kansas City to the West Coast. Flames lit up the night sky in California cities as protesters burned a giant papier-mache Trump head in Los Angeles and started fires in Oakland intersections.

In Chicago, where thousands had recently poured into the streets to celebrate the Chicago Cubs' first World Series victory in over a century, several thousand people marched through the Loop. They gathered outside Trump Tower, chanting "Not my president!"

Since Tuesday night, protesters have marched in the Midwest. Marchers protesting Trump's election chanted and carried signs in front of the Trump International Hotel in Washington, D.C.

THE ASSOCIATED PRESS

'If you succeed, the country succeeds'

President-elect Donald Trump took a triumphant tour of the nation's capital Thursday, holding a cordial White House meeting with President Barack Obama, sketching out priorities with Republican congressional leaders and taking in the majestic view from where he'll be sworn in to office.

Trump's meeting with Obama spanned 90 minutes, longer than originally scheduled. Obama said he was "encouraged" by Trump's willingness to work with his team during the transition of power, and the Republican called the president a "very good man."

"I very much look forward to dealing with the president in the future, including his counsel," Trump said from the Oval Office. He'll begin occupying the office on Jan. 20.

Publicly, the two men appeared to put aside their animosity. As the meeting concluded and journalists scrambled out of the Oval Office, Obama smiled at his successor and explained the unfolding scene.

"We now are going to want to do everything we can to help you succeed because if you succeed the country succeeds," Obama said.

Trump also sketched out priorities for his presidency.

"We're going to move very strongly on immigration," he said. "We will move very strongly on health care. And we're looking at jobs. Big league jobs."

THE ASSOCIATED PRESS

President Barack Obama and President-elect Donald Trump shake hands following their meeting in the Oval Office of the White House in Washington, on Thursday. THE ASSOCIATED PRESS

President-elect bucks protocol on press access

President-elect Donald Trump is keeping America in the dark about his earliest conversations and decisions about his incoming government, and bucking a longstanding practice intended to ensure the public has a watchful eye on the nation's new leader.

Trump on Thursday refused to allow journalists to travel with him to Washington for his historic first meeting with President Barack Obama and congressional leaders. The Republican's top advisers rebuffed news organizations' requests for a small "pool" of journalists to trail Trump as he attended meetings Washington.

The decision was part of an opaque pattern in Trump's first moves since his victory Tuesday. His team has not put out a daily schedule, or offered any detailed updates on how he has spent his time. They have not acknowledged phone calls or other contact with world leaders.

THE ASSOCIATED PRESS

Canucks stuck with rupees

INDIA

Abrupt move to scrap notes a problem for expatriates

An Indian man displays a new 2,000 rupee note as he poses outside the Reserve Bank of India in Mumbai on November. AFP/GETTY IMAGES

Some Torontonians are finding themselves with worthless wads of cash after the Indian government abruptly scrapped its highest-denomination currency notes this week.

Indian Prime Minister Narendra Modi announced Tuesday in a surprise broadcast that his government was withdrawing all 500 and 1,000 Indian rupee notes — which are equivalent to about $10 and $20. He said the action was being taken to combat corruption, money laundering and counterfeiting in India, where there is a significant amount of so-called undeclared, untaxed "black money."

People in India were told to deposit their discontinued notes in banks and post office savings accounts before the end of the year. They were also told they could exchange limited amounts for new 500 and 2,000 rupee bills that are being delivered.

But for anyone with the cancelled currency outside India there appears to be confusion on what to do with the discontinued bills. Sachin Jindal, a Toronto resident, has tried — but failed — to exchange his rupees at multiple locations since Modi's announcement.

Jindal typically keeps about 15,000 rupees, worth about $300, on hand for travel to India so he has money available when he lands in a country where a large amount of daily transactions are conducted with cash.

The 30-year-old has no plans to travel back to India for at least a year, which means he would miss the Dec. 30 deadline to turn in the old bills at an Indian bank, as well as a March 31 deadline to bring the bills in to certain special offices with a declaration form.

"It's very much frustrating," he said. "If the government has to take these steps, at least for the people living abroad who don't have access to the banks, they should be provided with some minimum time amount or they should be provided with a place that they can go and convert it."

> **We're advising clients to hold on to their existing banknotes until we receive further clarity around the circulation of new ones.**
>
> Rotal Bank of Canada spokesman AJ Goodman.

TD Bank said all Canadian banks, including its own branches, are "unable" to process, buy or sell transactions of Indian rupees. Wire payments are not affected.

The Royal Bank of Canada said it would be unable to buy or sell rupees in any denomination until it is given details on when the new banknotes are available and in circulation.

"We are advising clients to hold on to their existing banknotes until we receive further clarity around the circulation of new ones," said spokesman AJ Goodman. THE CANADIAN PRESS

CRITICISM

Chinese man new Interpol president

A top Chinese police official was elected president of Interpol on Thursday, setting off alarm bells among rights advocates over abuses and a lack of transparency within China's legal system, as well as the potential misuse of the police organization to attack Beijing's political opponents.

Vice Public Security Minister Meng Hongwei was named as the first Chinese to hold the post at the organization's general assembly on the Indonesian island of Bali, Interpol announced in a press release.

The Lyon, France-based International Criminal Police Organization has 190 member nations and has the power to issue "red notices." It's the closest instrument to an international arrest warrant in use today. Interpol circulates those notices to member countries listing people who are wanted for extradition.

THE ASSOCIATED PRESS

Alterna Savings

NOTICE OF SPECIAL MEETING OF THE MEMBERS OF ALTERNA SAVINGS AND CREDIT UNION LIMITED

A Special Meeting of the Members of Alterna Savings and Credit Union Limited (Alterna Savings) will be held on November 22, 2016 (the "Special Meeting"). The Special Meeting shall be held by webinar and information on voting will be available on the Alterna Savings website and in branches on November 12, 2016.

The Special Meeting is being held to:

1. Receive results of the membership vote to elect a Director to the Board of Alterna Savings.

More information on the proposed Director will be available at www.alterna.ca and at Alterna Savings branches, as well as the Peterborough Community Savings branch, as of November 12, 2016.

The members of record of Alterna Savings as at September 8, 2016 and having attained the age of 18 years or older at that date may vote on the proposed election of the Director by using one of the following methods:

- Electronic vote, available from 7:00 a.m. EST on November 12, 2016 to 6:00 p.m. EST on November 22, 2016;
- In-branch vote at all branches of Alterna Savings and Peterborough Community Savings, from November 12, 2016 to November 22, 2016, during normal business hours;

The Special Meeting will be held to announce the results via webinar at 6:30 p.m. EST on November 22, 2016. Members may register to attend the webinar at www.alterna.ca starting November 12, 2016.

For questions or concerns please contact the Corporate Secretary, 319 McRae Avenue, 1st floor, Ottawa, ON K1Z 0B9.

Volunteer firefighter's Sheri Torbett, with the Sequoyah Volunteer Fire Department, uses a leaf blower to turn back approaching flames near the Mowbray Volunteer Fire Hall in Soddy-Daisy, Tenn. THE ASSOCIATED PRESS

DROUGHT

Wildfires in America's south force many towns to evacuate

All but a few of America's largest active wildfires Thursday were burning in the south, where a relentless drought has turned pine trees into torches and forced evacuations in dozens of communities in the Appalachian foothills.

High winds, unseasonably warm temperatures and weeks without rain have combined to spark blaze after blaze in the dry brush and trees. Numerous teams of firefighters reported blazes running up slopes and down ravines as they struggled to protect hundreds of threatened structures.

"It just smells like a campfire" along the Appalachian Trail in north Georgia, said Carlie Gentry, who works at the Mountain Crossings store at Walasi-yi, a popular stop for hikers. "For weeks up here we've been having smoke, but it is getting more intense for sure," Gentry said. Typically, the view stretches for miles, she said. Now, "you can hardly see to the next ridge."

Thursday's national drought report shows 41.6 million people in parts of 15 southern states living in drought conditions. The worst drought is in Georgia, Alabama, Mississippi and Tennessee, but extreme drought also is spreading into the western Carolinas, and Kentucky and Tennessee had the most fires. THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Weekend, November 11-13, 2016

EMMA TEITEL ON LIBERAL BUBBLE SYNDROME

Many well-heeled American progressives think that far more people think and act like 'us' than they actually do, because we reside in an echo chamber, both on- and offline.

On Tuesday afternoon, a friend added me to a Facebook group called Pantsuit Nation: the digital home of more than three million Hillary Clinton supporters, thousands of them, American women and men who donned pantsuits to head to the polls in solidarity with their chosen candidate.

Many of these people not only hoped, but sincerely expected that Clinton would prevail on election night. I did, too.

Wednesday morning, President-elect Donald Trump was no longer the stuff of hypothetical scenarios or nightmares, but a hideous reality. And Pantsuit Nation was but a dream.

In the words of one forlorn but hopeful citizen of PN: "Ladies, we must take back the Congress and our state legislatures. Who is running?" In the words of another, less hopeful citizen: "How did this happen?"

It happened for about a dozen reasons we've heard at least a hundred times already: The Democratic status quo, led by an unpopular, untrustworthy female candidate, failed to get out the vote where it counted and win over a disenfranchised white middle class that preferred hope and change-style xenophobia to establishment liberal platitudes.

In addition to this, Clinton's camp likely did not foresee the influence that closeted Trump supporters had in the voting booth: voters otherwise known — in the words of CNN anchor Jake Tapper — as "leaners" on account of their habit of "leaning in" to inform friends and journalists that they preferred Trump, in fear that doing so publicly would result in embarrassment (which in many parts of the United States, it would).

Political unrest and yes, fascism, are not just faraway ideas that exist to terrify and terrorize faraway people.

CAUGHT WITH THEIR PANTS DOWN The 'Pantsuit Nation' of Hillary Clinton supporters were caught off guard by Donald Trump's victory in part because they ensconced themselves in a liberal bubble, Emma Teitel writes.
CANADIAN PANTSUIT NATION/FACEBOOK

But "how did this happen?" — though an extremely important question — seems to have overshadowed another equally important question: Why are we so shocked that it did?

Why, in other words, is the election result such an earth-shattering surprise to everyone? Why, when documentarian Michael Moore predicted a Trump win months ago, was the progressive response a collective "yeah, right"? Why did so many liberals on both sides of the border assume in their hearts that at the end of the day, things would be OK? That the Trump candidacy was, like the candidate's reality television show, a freakish but temporary spectacle?

For starters, there are the polls, which consistently put Clinton ahead and may have given some Trump-wary voters false hope that the Republican candidate would be toast whether they showed up to vote or not. But there is something else at play here — something else that fuels this "Oh My God, I Can't Believe It!" rejoinder, and it runs much deeper than misleading, erroneous polls.

That thing is Liberal Bubble Syndrome: the belief on the part of many well-heeled North American progressives that far more people think and act like "us" than they actually do because we reside in an echo chamber, both on- and offline. This condition breeds not only false hope but complacency: the assumption that truth wins out every time, that sanity in our politics is the rule, not the exception, and that words such as "tyranny" and "unrest" apply to people and places overseas but will never realistically apply here.

(For those "optimists" who are so keen on reassuring anti-Trump minorities not to fret because "there's no way in hell he'll do anything he says he'll do," consider this: The mere possibility that he might fulfil just one of his promises where Muslims, undocumented immigrants, and LGBT people are concerned, is sufficiently terrifying.)

What's so troubling about Trump's win isn't merely that it was a surprise, but that his detractors, many of them otherwise very serious and sober pundits, believed it was an improbability worth laughing about.

Well it wasn't. Political unrest and yes, fascism, are not just faraway ideas that exist to terrify and terrorize faraway people. This continent is just as susceptible as any other to chaos. It's time we started acting like it.

Emma Teitel is a national columnist for the Toronto Star.

Metro Science will return Nov. 18.

I think Trump voters know full well what they have done

Rosemary Westwood
For Metro

The nation of Trump looks exactly the same, here, as it did before. Wild roosters still crow up the sun. Neighbours still wave, "How you doin'?"

"The beat goes on," said the man behind the grocery till.

But it feels devastating. It feels, to quote one friend, "like a death."

Each morning I — and millions of grieving others — are waking up to be hit again by this new reality. A president-elect who championed misogyny and racism in primetime, a con artist selling an unachievable dream of white, male, isolationist prosperity.

I truly believed the time had come for a woman to rise to this rarified height of power. And while Hillary Clinton may have won the popular vote, as Michael Moore reminded liberals in his viral "Morning after to-do list" Facebook post, it was by a mere one per cent.

In New Orleans, a hard-blue city in a sea of Louisiana red, the sadness is palpable. So is disbelief. Even despair. It's not, as one black woman I talked to noted, as if racism came out of nowhere. Nor misogyny. They were here. But so many (so many white people?) could not have predicted how widespread they lived in their fellow citizens.

The most upsetting part isn't that some people harbour hatred for others based on race, origin, gender or sexuality, or are willing to fuel that hatred in pursuit of a snake-oil salesman's impossible promises. It's that so, so many do, and did.

One Washington-based friend warned these voters don't know what they've done. I think they do. I think they realize Trump may be an illusion. I think they're so afraid, or desperate, or angry, or arrogant, or obsessed with creating their own reality, they'd risk the dangers of Trump for a chance to make the world recognizable again.

But there is also an air of defiance. Perhaps, a left-wing reinvigoration.

Moore's list includes fighting words, demanding Democratic voters "take back the party" and that elected Democrats fight the new regime tooth and nail. The NAACP has warned, depending on Trump's actions, "We will either be at [his administration's] side or in its face."

That air was the only silver lining to New Yorker editor-in-chief David Remnick's apocalyptic election-night column: "To combat authoritarianism, to call out lies, to struggle honorably and fiercely in the name of American ideals — that is what is left to do."

And it was Clinton's plea on Wednesday, in her impossibly composed, gracious, and hopeful address: "Never stop believing that fighting for what's right is worth it."

The writer Richard Russo told NPR's Morning Edition on Thursday, that for the sake of his two "distraught" Clinton-voting daughters and his grandchildren, "I have work to do." That feeling undoubtedly motivated thousands of Americans who protested in at least ten cities across the country in the wake of Trump's election. This is the question facing every person rising each day to face this waking nightmare: What are you going to do about it?

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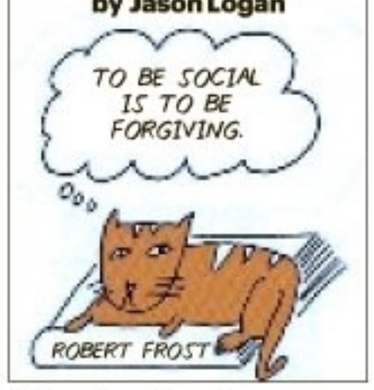

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metro WEEKEND
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MOVIES GOSSIP TELEVISION DIGITAL

In Paul Gross's Hyena Road, three conflicts stand at the intersection of modern warfare, a murky world of fluid morality in which all is not as it seems. CONTRIBUTED

Paying tribute to soldiers through film

REAL STORIES

War movies that serve as a Remembrance Day backdrop

Richard Crouse
For Metro Canada

William Shakespeare wrote, "Praising what is lost makes the remembrance dear," a fitting sentiment for the most solemn day on the calendar. Every November 11 we pay respect to "the men and women who have served, and continue to serve our country during times of war, conflict and peace." In observation, here's a list of movies to serve as a backdrop on this sombre day.

The Best Years Of Our Lives is 70 years old, but the story of servicemen struggling to rebuild their lives after the Second World War is timely and relevant. Perhaps it feels so authentic because the crew were all Second World War veterans and the main character, who faces discrimination after losing both hands in combat, was played by real-life Nova Scotia-born disabled vet Harold Russell. The actor, who lost both his hands while training paratroopers, won two Oscars for his work, a Best Supporting award and another for being an inspiration to all returning veterans, making him the only performer to win twice for the same role.

The Hill, a little-known British film that features one of Sean Connery's best performances, shows war from a different point of view. Set during the WWII in North Africa, it's the story of a stockade run by Brits to punish deserters. Writer Ray Rigby based the screenplay on his two terms in military prison. Connery wedged it in between Goldfinger and Thunderball and it is a stark contrast to the glamorous work he was doing in the Bond films.

We can't talk about war films on Remembrance Day without paying tribute to Canadian soldiers. A pair of films from Paul Gross, Passchendaele and Hyena Road, are the best-known homegrown explorations of Canadians in battle, but they are very different films.

Passchendaele is a hybrid of romance and war movie based around the 1917 battle for Passchendaele that lasted four months and claimed 600,000 causalities on both sides. The story sprung from a conversation Gross had with his grandfather who told him about bayonetting a young German, killing him during a battle. Years later, as his granddad lay dying in a hospital bed he asked for forgiveness over and over. Only Gross knew he was speaking to the young German he had killed in the First World War.

Gross based the screenplay for Hyena Road on another personal experience, conversations he had with Canadian troops in Afghanistan. It's a complicated part of the world, but this isn't a complicated movie. It's a film that clearly and concisely states its thesis that this conflict isn't a matter of winners or losers, but of uncertainty that will eventually lead to an end state. In that way it's more Zero Dark Thirty than American Sniper.

"Passchendaele was partly the way it was because it was the bridge between the romantic period and the modern era," says Gross. "I think Hyena Road is post-modern in that the nature of warfare contains almost no romanticism anymore. It's very complicated."

MOVIE RATINGS by Richard Crouse

Arrival	★★★★
Loving	★★★★
Almost Christmas	★★★

HOW RATING WORKS	
★★★★	SEE IT
★★★	WORTHWHILE
★★	UP TO YOU
★	SKIP IT

MOVIE LISTINGS

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Carlton Cinema Theatre 20
Carlton St., 416-494-9371

American Honey Fri-Thu 1:15-4:30-9 **Angry Inuk** Wed 6:30 **Arrival** Fri-Thu 1:25-3:55-6:50-9:25 **Christine** Fri-Thu 4:05-9:15 **The Dressmaker** Fri-Thu 1:20-6:35 **Good Burger** Fri 7 **The Handmaiden** Fri-Thu 1:25-4:25-9:05 **Jack Reacher: Never Go Back** Fri 1:20-3:55-9:15 Sat-Thu 1:20-3:55-6:35-9:15 **Ouija: Origin of Evil** Fri-Thu 4-9:10 **Queen of Katwe** Fri-Thu 1:35-4:20-7:05 **Snowden** Fri 1:15 Sat-Sun 6:45-9:30 Mon 4 Tue 1:15-4-6:45-9:30 Wed-Thu 1:15-4-9:30 **SoulMate** Fri-Thu 1:30-6:45 **Trolls** Fri-Thu 1:40-4-7-9:10

Scotiabank Theatre
259 Richmond St., 416-368-5600

The Accountant Fri-Sun 1:20-4:20-7:20-10:20 Mon 1:30-4:25-7:20-10:15 Tue 1:30-4:20-7:15-10:15 Wed 1-3:50-7-10:20 Thu 1:20-4:20-7:20-10:20 **Bleed for This** Thu 7:50-10:35 **Deepwater Horizon** Fri 12-2:35-5:10-7:50-10:30 Sat 12:15-6:40-9:20 Sun 12-2:35-5:10-7:50-10:30 Mon 1-2:30-10:30 Tue 1:50-4:25-10:30 Wed 2:30-5:05-10:30 Thu 2:35-5:10 **Doctor Strange** Fri-Sun 12:30-3:20-6:10-9 Mon 3:20-6:10-9 Tue 3:20-6:10-9:10 Wed-Thu 3:10-6:10-9 **3D** Fri-Sun 12-1-2:50-3:50-5:40-6:40-8:30-9:30 Mon 1-2:50-3:50-5:40-6:40-8:30-9:30 Tue 2:50-3:50-5:40-6:40-7:05-8:40-9:30 Wed 2:40-3:50-5:40-6:40-7:50-8:30-9:30 Thu 2:40-3:40-5:40-6:30-8-8:30-9:30-10:45 Fri-Mon 2-4:50-7:40-10:30 Tue 1:50-4:40-7:25-10:10 Wed 1:30-4:20-7:10-10 Thu 1:30-4:10 **IMAX 3D** Fri-Mon 1:30-4:20-7:10-10 Tue 1:15-8:05-10:45 Wed 1-3:40-10:30 Thu 1-3:40 **Fantastic Beasts and Where to Find Them 3D** Thu 7:30-10:45 **IMAX 3D** Thu 7-10:15 **Hacksaw Ridge** Fri-Sun 12:20-1:10-3:20-4:10-6:30-7:20-9:30-10:30 Mon 1:30-3:35-4:30-6:30-7:35-9:30-10:30 Tue-Wed 1:30-3:20-4:30-6:30-7:30-9:30-10:30 Thu 1:20-2-4:15-7:20-10:15-10:45 **Jack Reacher: Never Go Back** Fri-Thu 1:55-4:40-7:25-10:10 **Keeping Up With the Joneses** Fri-Sun 12-2:20-4:55-7:30-10 Mon-Thu 2:20-4:55-7:30-10 **Kubo and the Two Strings** Fri-Thu 4:30 **3D** Fri-Thu 2 **The Magnificent Seven** Fri-Tue 7-10:10 Wed 10:10 **The Metropolitan Opera: Tristan und Isolde — Encore** Sat 12 **Shut In** Fri 12:30-2:55-5:20-7:50-10:20 Sat 2:55-5:20-7:50-10:20 Sun 12:30-2:55-5:20-7:50-10:20 Mon-Tue 2:55-5:20-7:50-10:20 Wed 1-3:25-7:40-10:20 Thu 1-3:20-7-10:20 **Sully** Fri-Tue 2:15-4:40-7-9:30 Wed 1:15-3:30-10:15 Thu 2:15-4:40-9:30

Market Square
80 Front St., 416-494-9371

The Accountant Fri-Thu 1:15-4:05-7:05-10 **Arriva** Fri 1:20-3:55-6:45-9:15 Sat 1:20-3:55-6:45-9:15-11:30 Sun-Thu 1:20-3:55-6:45-9:15 **Doctor Strange** Fri 1:05-1:30-3:50-4:10-6:50-7:15-9:50 Sat 1:05-1:30-3:50-4:10-6:50-7:15-9:30-9:50-11:15 Sun-Tue 1:05-1:30-3:50-4:10-6:50-7:15-9:30-9:50 Wed 1:05-3:50-4:10-6:50-7:15-9:30-9:50 Thu 1:05-1:30-3:50-4:10-7:15-9:50 **Fantastic Beasts and Where to Find Them** Thu 7:10-9:40 **Hacksaw Ridge** Fri-Sat 1-4-7-9:55 Sun-Mon 4-9:55 Tue 1-4-7-9:55 Wed 4-9:55 Thu 1-4-7-9:55 Sun-Mon 1-7 Wed 1-7 **Trolls** Fri-Thu 1:25-4:15-6:40-9:05

Varsity
55 Bloor St. W., 416-961-6304

The Accountant Fri 12:25-3:25-6:40-9:45 Sat-Sun 10:30-1:15-4:10-7:10-10:10 Mon 12:25-3:25-9:45 Tue 12:25-3:25-6:40-9:45 Wed 12:25-3:25-9:45 Thu 12:25-3:35 **Doctor Strange 3D** Fri 1:20-4:20-7:20-10:15 Sat-Sun 10:45-1:20-4:20-7:20-10:15 Mon-Wed 1:20-4:20-7:20-10:15 Thu 7:20-10:15 Fri-Thu 1-4-7-10 Thu 1:20-4:05 **The Girl on the Train** Fri-Thu 1:30-4:30-7:30-10:20 **Hacksaw Ridge** Fri 1:05-4:15-7:15-10:10 Sat-Sun 10:55-1:05-4:15-7:15-10:10 Mon 1:05-4:05-6:45-10 Tue 1:05-4:15-7:15-10:10 Wed 1:05-4:05-6:45-10 Thu 1:05-4:05-7:15-10:20 **Inferno** Fri 12:25-3:25-6:40-9:45 Sat-Sun 10:30-12:25-3:25-6:40-9:45 Mon-Thu 12:25-3:25-6:40-9:45 **Loving** Fri 12:30-1:10-3:30-4:10-6:30-7:10-9:30-10:10 Sat-Sun 10:30-12:30-1:10-3:30-4:10-6:30-7:10-9:30-10:15 Mon-Thu 12:30-1:10-3:30-4:10-6:30-7:10-9:30-10:10 Fri-Thu 12:35-3:30-6:30-9:30 **Moonlight** Fri 12:45-2-3:35-4:45-6:20-7:30-9:05-10:20 Sat-Sun 10:35-1-2-3:50-4:45-6:35-7:30-9:35-10:20 Mon 12:45-1:30-3:35-4:15-6:20-7:30-9:05-10:20 Tue 12:45-2-3:35-4:45-6:20-7:30-9:05-10:20 Wed 12:45-1:30-3:35-4:15-6:20-7:30-9:05-10:20 Thu 12:45-2-3:35-4:45-6:20-7:30-9:05-10:20 Fri-Thu 12:15-3-6-9

Yonge & Dundas 24
10 Dundas St East, 416-977-2642

Ae Dil Hai Mushkil Fri 12-3:35-6:50-10:05 Sat-Sun 12:05-3:35-6:50-10:05 Mon-Thu 6:50-10:05 **Almost Christmas** Fri 2:50-5:30-8:10-10:50 Sat-Sun 12:10-2:50-5:30-8:10-10:50 Mon-Wed 2:25-5:05-7:45-10:30 Thu 5:05-7:45-10:30 Thu 1:30 **Arrival** Fri-Tue 1:30-4:30-7:30-10:30 Wed 12-2:45-5:35-8:40 Thu 7:15-10:15 Fri-Sun 12-2:45-5:30-8:15-11 Mon-Wed 1:45-4:30-7:15-10 Thu 12-2:45-5:35-8:45 Thu 1:45-4:30 **Billy Lynn's Long Halftime Walk** Thu 7:35-10:20 **The Breakfast Club** Fri 9:30 Sun 4:30 Mon 1:30 Thu 2 **Bridget Jones's Baby** Fri-Sun 6:30-9:35 Mon-Wed 7-9:55 **Chaar Sahibzaade: Rise of Banda Singh Bahadur** Fri-Thu 1:25 **3D** Fri-Wed 4:25-7:25-10:25 Thu 4:25-7:35-10:35 **Doctor Strange** Fri-Sat 12-3-6-9 Sun-Wed 12-3:05-6-9 Thu 12:30-3:30-6:30-9:30 **3D** Fri-Sat 1-4-7-8-10 Sun-Tue 1-4-7-10 Wed 1-4-7:30-10 Thu 7:40-10:30 Fri-Sun 12-2:45-5:30-8:15-11 Mon-Thu 12:40-3:40-6:45-9:45 Thu 1-4-7:30-10:30 **IMAX 3D** Fri-Sun 11:45-2:30-5:15-8-10:45 Mon-Wed 2-4:50-7:40-10:30 Thu 2-4:50 **The Edge of Seventeen** Thu 7-9:35 **Fantastic Beasts and Where to Find Them 3D** Thu 7-10 IMAX 3D Thu 7:30-10:35 **The Girl on the Train** Fri 1:30-4:10-7-9:40 Sat-Sun 12:20-3:15-6:40-9:40 Mon-Wed 1:25-4:05-6:40-9:40 Thu 4:10-6:40-9:40 Thu 1:30 **Hacksaw Ridge** Fri-Wed 12:30-3:30-6:30-9:30 Thu 12-3:05-6:05-9:05 **Inferno** Fri 1:30-4:25-7:35-10:35 Sat-Sun 12:45-3:40-6:50-9:50 Mon-Wed 12:45-3:35-6:50-9:50 Thu 12:40-3:25-6:50-9:50 Fri-Sat 1:50-5:10-11 Sun-Tue 12-2:50-5:40-8:30 Wed 1:30-4:30-10:30 Thu 1:30-4:30 **Jean of the Joneses** Fri 1:40-3:35-5:50-8:05-10:20 Sat-Wed 1:15-3:35-5:50-8:05-10:20 Thu 1:15-3:35-6:10-8:15-10:30 **Kenneth Branagh Theatre Company: The Entertainer** Thu 7 **The Last Waltz** Fri 1:30-7 Sun 7 Mon 3:35 Tue 9:15 Thu 4:15 **Lavender** Fri 4:30 Sat 6:30 Sun 9:30 Tue 5:05 Wed 9:45 Thu 10:15 **The Metropolitan Opera: Tristan und Isolde -- Encore** Sat 12 Mon 6 Wed 12:55 **Miss Peregrine's Home for Peculiar Children** Fri-Sun 4:10-10:10 Mon-Wed 10:30 **3D** Fri-Sun 1:10-7:10 Mon-Wed 7:45 **Mr. Donkey** Fri-Sun 1:35-4:15-7-9:45 Mon-Thu 7:10-9:50 **Mumford & Sons Live From South Africa: Dust & Thunder** Tue 7 **National Theatre Live: Frankenstein** Wed 7 **National Theatre Live: Hamlet -- Encore** Tue 1:20 **Ouija: Origin of Evil** Fri 2:50-5:25-8-10:30 Sat-Sun 12:15-2:50-5:25-8-10:30 Mon-Wed 7:35-10:05 **Rock On 2** Fri 12:45-3:50-7-10:15 Sat-Sun 12:30-3:30-6:45-10 Mon-Thu 12:50-3:50-6:45-10 **Royal Shakespeare Company: Richard II** Sun 12:30 **Rush — Time Stand Still** Sat 9 **Snowden** Fri-Sun 12:10-3:15-6:20-9:25 Mon-Wed 6:20-9:25 Thu 10:15 **Storks** Fri 1:25-3:50 Sat-Sun 1:30-3:50 **Trolls** Fri 2:25-4:45-7:10-9:30 Sat-Sun 1:15-3:35-6-8:20-10:40 Mon-Thu 1:45-4:05-7:50-10:10 **3D** Fri 1:25-3:45-6:10-8:30-10:50 Sat-Sun 12:15-2:35-5-7:20-9:40 Mon-Thu 2:45-5:05-6:50-9:10

MIDTOWN

Yonge-Eglinton Centre
2300 Yonge St., 416-544-1236

The Accountant Fri-Sat 1:30-4:25-7:20-10:15 Sun 1:05-4:25-7:20-10:15 Mon-Tue 1:30-4:25-7:20-10:15 Wed 1:10-4-7:05-10:05 Thu 1:30-4:25-7:20-10:15 **Arrival** Fri 1:50-4:40-7:30-10:20 Sat 11:10-1:50-4:40-7:30-10:20 Sun 1:50-4:50-7:50-10:35 Mon 1:55-4:30-7:20-10:05 Tue 1:55-4:45-7:35-10:25 Wed 4:40-7:30-10:15 Thu 1:55-4:45-7:35-10:25 Wed 1:50 **Doctor Strange** Fri-Sat 4:20 Sun 3:30 Mon 4:10 Tue 4:20 Wed 4:10 Thu 4:10-7:30-10:15 Fri 3:45-6:35-9:30 Sat 12:30-3:25-6:30-9:30 Sun 12:30-3:25-6:20-9:20 Mon 3:45-6:35-9:25 Tue 3:45-6:35-9:30 Wed 3:45-6:35-9:25 Thu 3:30-6:20-9:15 **3D** Fri 1:30-7:10-10 Sat 11-1:35-7:10-10 Sun 12:40-6:45-9:35 Mon 1:30-6:50-9:35 Tue 1:30-7:10-10 Wed 1:30-6:50-9:35 Thu 1:30-7-9:40 Fri 4:15-7-7:30-10:30 Sat 1:15-4:15-7-7:30-10:30 Sun 1:15-4:15-7:20-10:15 Mon 4:15-7:25-10:15 Tue 4:15-7:30-10:30 Wed 4:15-7:25-10:15 Thu 3:45-6:35-9:45 Fri 2-4:50-7:40-10:30 Sat 11:30-2:10-4:50-7:40-10:30 Sun 1:20-4:15-7:30-10:15 Mon 2-4:40-7:20-10:15 Tue 2-4:50-7:40-10:30 Wed 2-4:40-7:30-10:15 Thu 2-4:40 **Fantastic Beasts and Where to Find Them 3D** Thu 7-10:15 Thu 7:25-10:30 **The Girl on the Train** Fri 1:45-4:20-6:55-9:40 Sat 11:05-1:45-4:20-6:55-9:40 Sun 1:45-4:20-6:55-9:40 Mon 1:45-4:20-6:55 Tue-Thu 1:45-4:20-6:55-9:40 **Hacksaw Ridge** Fri-Sat 1:35-4:35-7:25-10:25 Sun 1-4-7:05-10:05 Mon 1:35-7:20-9:30 Tue 1:35-4:35-7:25-10:25 Wed 1:15-4:20-6:55-9:55 Thu 1:35-4:35-7:25-10:25 **Ice Age: Collision Course** Sat 11 **Inferno** Fri 4-10 Sat 12:50-3:50-10 Sun 12:50-3:50-6:50-9:50 Mon 4-6:55-9:50 Tue 4-7-10 Wed 4-9:50 Thu 4 **Jack Reacher: Never Go Back** Fri 2:05-4:55-7:35-10:20 Sat 4:15-7:05-9:45 Sun 3:55-7-9:55 Mon 1:50-4:40-10:20 Tue 1:50-4:40-7:30-10:05 Wed 7:25-10:25 Thu 1:50-4:35 **The Metropolitan Opera: Tristan und Isolde -- Encore** Sat 12 Mon 6 Wed 12:55 **Royal Shakespeare Company: Richard II** Sun 12:30 **Trolls** Fri 1:40-4:30-7-9:30 Sat 11-1:20-4:30-7-9:30 Sun-Tue 1:40-4:30-7-9:30 Wed 4:30-7-9:30 Thu 1:40-4:30-7-9:30 Wed 1:40 **3D** Fri 2:50-5:20-7:50-10:10 Sat 11:30-2-5:40-8-10:15 Sun 12:30-2:50-5:20-7:50-10:10 Mon-Thu 2:50-5:20-7:50-10:10

NORTH YORK

Empress Walk
5095 Yonge St., 416-223-9550

The Accountant Fri 6:40-9:40 Sat-Sun 12:30-3:30-6:40-9:40 Mon-Tue 3:30-6:30-9:30 Wed 3:40-6:30-9:30 Thu 4:50-6:30-10:30 **Arrival** Fri 7:20-10:05 Sat-Sun 1:20-4:10-7:20-10:05 Mon-Tue 4:10-7:10-10:05 Wed 4:40-6:50-10:05 Thu 4:10-7:10-10:05 **Billy Lynn's Long Halftime Walk** Thu 7:40-10:20 **Denial** Fri 7:50-10:30 Sat 1:10-4:20-7:50-10:30 Sun 12:20-4:20-7:50-10:30 Mon-Wed 4:30-7:40-10:20 Thu 4:30 **Doctor Strange** Sat-Thu 3:50 **3D** Fri 7-10 Sat-Sun 12:50-7-10 Mon-Thu 6:40-9:40 **IMAX 3D** Fri 7:40-10:30 Sat-Sun 1:40-4:40-7:40-10:30 Mon-Wed 4:20-7:20-10:15 Thu 4:20 **Fantastic Beasts and Where to Find Them: IMAX 3D** Thu 7:20-10:30 **Hacksaw Ridge** Fri 7:10-10:10 Sat-Sun 1-4-7:10-10:10 Mon-Tue 3:40-7-10 Wed-Thu 4-7-10 **Inferno** Fri 6:50-9:50 Sat-Sun 12:40-3:40-6:50-9:50 Mon-Tue 3:35-6:30-9:20 Wed 3:55-9:45 Thu 3:35-9:30 **Jack Reacher: Never Go Back** Fri 6:40-9:30 Sat 6:30-9:30 Sun 3:20-6:30-9:30 Tue 4-6:50-9:50 Wed 4:10-9:50 Thu 3:40-10:25 **Kenneth Branagh Theatre Company: The Entertainer** Thu 7 **Luck Key** Fri 7:30-10:15 Sat-Sun 1:30-4:30-7:30-10:15 Mon-Tue 4:40-7:30-10:20 Wed 3:30-7:10-10:20 Thu 4:40-7:30-10:20 **The Metropolitan Opera: Tristan und Isolde -- Encore** Sat 12 Mon 6 **Royal Shakespeare Company: Richard II** Sun 12:30 **Trolls** Sat-Sun 5 Mon-Tue 4:50 Wed-Thu 3:30 **3D** Fri 8-10:25 Sat-Sun 12:10-2:35-8-10:25 Mon-Thu 7:50-10:10

SilverCity Yorkdale 6
3401 Dufferin St., 416-444-3456

Almost Christmas Fri 1:45-4:30-7:20-10:15 Sat 1:15-4:30-7:20-10:15 Sun 1:45-4:30-7:20-10:15 Mon-Thu 1:50-4:30-7:10-10 **Arrival** Fri-Sun 1:45-4:40-7:50-10:45 Mon-Thu 1:45-4:50-7:30-10:15 **Doctor Strange** Fri-Wed 1-3:50-6:40 Thu 2:45-6 **3D** Fri-Wed 9:30 Thu 9 Fri-Sun 2-4:50-7:40-10:30 Mon-Thu 1:30-4:20-7:20-10:10 Fri-Sun 1:30-4:20-7:10-10 Mon-Wed 2:45-6-9 Thu 1-3:50 **The Edge of Seventeen** Thu 7:40-10:20 **Fantastic Beasts and Where to Find Them 3D** Thu 7:15-10:20 **Hacksaw Ridge** Fri-Sun 12:45-4-7-10:05 Mon-Thu 1-4-7-10:05 **Ice Age: Collision Course** Sat 11 **Inferno** Fri-Sun 12:30-9:15 Mon-Thu 1:15-9:40 **Jack Reacher: Never Go Back** Fri-Sun 6:50-9:45 Mon-Wed 6:50-9:40 **Ouija: Origin of Evil** Fri-Sun 12:15-2:45-5:15-7:45-10:20 Mon-Thu 2:15-5-7:40-10:15 **Trolls** Fri 1:15-4:10 Sat 11:15-1:45-4:10 Sun-Thu 1:15-4:10 **3D** Fri-Sun 12-2:25-5-7:30-10 Mon-Wed 2-4:40-7:10-9:50 Thu 2-4:40-7-9:30 **Tyler Perry's Boo! A Madea Halloween** Fri-Sun 3:30-6:30 Mon-Thu 4:10-6:50

Silvercity Fairview 1800 Sheppard Ace. E., 416-644-7746

The Accountant Fri-Sun 4-7:10-10:15 Mon-Wed 3:45-6:55-10 Thu 3:45 **Almost Christmas** Fri-Sun 2-4:45-7:40-10:30 Mon-Tue 1:45-4:30-7:25-10:15 Wed 4:30-7:25-10:15 Thu 1:45-4:30-7:25-10:15 Wed 1:45 **Arrival** Fri-Sun 1:45-4:45-7:45-10:40 Mon-Thu 1:30-4:30-7:30-10:25 **Doctor Strange** Fri 4:30 Sat 11-4:30 Sun 4:30 Mon-Wed 4:15 Thu 4:15-7-9:45 **3D** Fri-Sun 1:45-7:15-10 Mon-Wed 1:30-7-9:45 Thu 1:30-7:45-10:30 Fri-Sun 11:45-2:30-5:15-8-10:45 Mon-Wed 2:15-5-7:45-10:30 Thu 1-3:45 **Fantastic Beasts and Where to Find Them 3D** Thu 7:15-10:30 **The Girl on the Train** Fri-Sun 2:30-7:55 Mon-Tue 2:15-7:45 Wed 2 Thu 1:45 **Hacksaw Ridge** Fri-Sun 1-4:05-7:10-10:20 Mon 1-4:05-7:10-10:15 Tue-Thu 1-4-7:05-10:15 **Ice Age: Collision Course** Sat 11 **Inferno** Fri-Sun 1:05-4:05-7:15-10:20 Mon-Thu 1-4-7:10-10:15 **Ouija: Origin of Evil** Fri-Sun 5:15-10:45 Mon-Tue 5-10:30 Wed 4:45 Thu 4:30 **Storks** Fri-Sun 1:25 Mon-Thu 1:10 **Trolls** Fri 12-5:30 Sat 11-12-5:30 Sun 12-5:30 Mon-Tue 4:30 Wed-Thu 3:15 Wed 1 **3D** Fri-Sun 12:30-3-8-10:30 Mon-Tue 2-7-9:30 Wed 7:15-9:45 Thu 1-7:15-9:45

All showtimes run between Friday, Nov. 11 and Thursday, Nov. 17

Story of forbidden love rings with truth today

Ruth Negga and Joel Edgerton play Mildred and Richard Loving in the story of a couple who married in Virginia in 1958 when interracial unions in that state were against the law. CONTRIBUTED

LOVING

Biopic explores landmark case of interracial couple in 1960s

The history-altering story of Mildred and Richard Loving has been catalogued through photos, news features, a TV biopic and documentary, but writer-director Jeff Nichols still felt it was essential to revisit the interracial couple's life.

The Lovings were at the centre of a landmark 1967 U.S. Supreme Court ruling that unanimously struck down all anti-miscegenation laws. Still, it wasn't until the year 2000 that Alabama became the last state to overturn laws that criminalized interracial relationships.

"They weren't being enforced, but ... it isn't simply that a gavel strikes and the work is accomplished," said Nichols, who helmed the new film Loving, which screened at the Toronto International Film Festival in September.

"It's why the film feels extraordinarily necessary."

In Loving, Australian actor Joel Edgerton and Irish-Ethiopian actress Ruth Negga offer uncanny portrayals of the soft-spoken Virginia couple who became unlikely civil rights activists in their determination to be married.

Unable to tie the knot in their segregated home state, Richard, who was white, and Mildred, who was African-American and Native American, head to Washington, D.C., to marry in June 1958. A month later, arrest warrants are issued, with the local sheriff and his deputies bursting into the couple's bedroom to put them behind bars.

The Lovings are indicted for violating the state's Racial Integrity Act and are advised to plead guilty. A judge sentences the couple to a year in jail, but suspends their sentences provided they leave the state and not return together for 25 years.

Production on Loving began last fall following the historic U.S. Supreme Court ruling on same-sex marriage. Nichols said when he started writing Loving in 2012, he saw an obvious social connection between the Lovings and the modern-day pursuit of marriage equality.

"Their marriage was not an act of defiance — it was an act of love," said Nichols.

"They genuinely loved each other, and the government and society stepped in and told them they couldn't, and that was just strictly unfair."

Nichols said the intimate photos of the pair captured by Life Magazine photographer Grey Villet and The Loving Story documentary released in 2011 served as key resources and great companion pieces to Loving.

"The great thing that the documentary does — that the film just couldn't, given the strict point of view that I held to — is that you actually get to find out about some of the intricacies of the court case, and how the court case travelled through the gauntlet that is the path to the Supreme Court," said Nichols.

"It's really fascinating and uplifting," he added. "It kind of redeemed the possibility of justice in our country for me, that we know this system is good, and that it can work, because we needed it to work desperately in that particular situation."

THE CANADIAN PRESS

INTERVIEW

Negga relished role of unlikely heroine

Actress Ruth Negga sees the 50-year-old story of American interracial couple Richard and Mildred Loving revealing itself onscreen like a couple's dance in the fact-based drama Loving, opening Friday.

Richard Loving (Australian actor Joel Edgerton) begins the film by leading. "Slowly, the hand positions change and she's the one taking control. And I think that's really important," said Negga.

Over the nine years that Loving covers, it is a joy to watch Negga's portrayal of Mildred as she goes from shy country girl to confident woman, speaking up with gradually revealed determination against the unfairness endured by her family at a time when many voices were silenced. It's not surprising Best Actress Oscar talk began when the movie had its premiere at Cannes in May and again in September at TIFF.

"I think it's important to see a woman who's quite reserved and shy and quiet show a certain strength, because there's many kind of strengths isn't there?" said the Ethiopia-born and Ireland-raised Negga in her soft Irish lilt.

Negga, born to an Irish mother and Ethiopian father, needed to do considerable research both into that time in America and her character. She turned to Nancy Buirski's 2011 documentary The Loving Story, calling it "my Bible," not only for providing her introduction to "accidental hero" Mildred and the racial politics of the time, but also for the footage of the "bucolic beauty" of rural Virginia, where Loving was filmed.

Written and directed by Jeff Nichols (Take Shelter, Mud), the depth of feeling between the Lovings and the forced suppression of their emotions play out as profoundly genuine. The drama also benefits from careful production design and scenes often suffused with muted golden light, along with costumes that convey not only the time the story is set, but the Lovings' modest means.

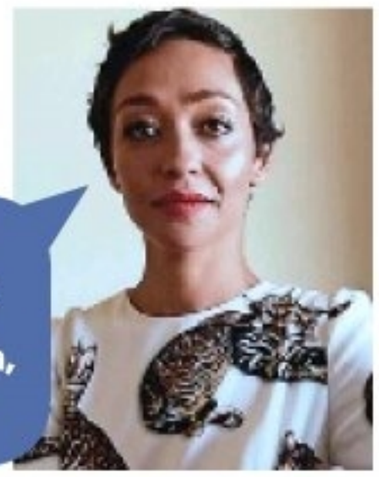
She credits her co-star Edgerton who, like her, came from a theatre background, with helping create her characterization of Mildred. That process was aided by spending two weeks in Virginia before filming began, meeting the Lovings' only surviving child, Peggy, visiting the couple's graves and seeing the cell where Mildred was jailed.

These experiences helped her form thoughts about the nature of the Lovings' relationship.

"The overwhelming thing you come away from when you watch the picture is that (they are) deeply connected ... deeply, soulfully connected, deeply in love," she said. "And what's apparent is that love is the kindest, most gentle, most loving respectful love I've ever seen between two human beings. You could almost see it."

TORSTAR NEWS SERVICE

I think (the movie) is going to continue a conversation and generate compassion, generate empathy.
Ruth Negga



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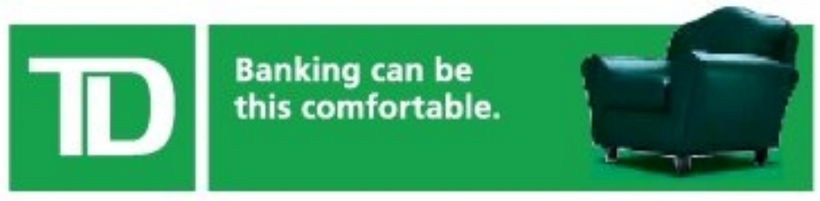


[1] Based on a comparison of 2015 Aeroplan Flight Reward bookings against actual market base fares and leading financial institutions' travel rewards programs' terms and conditions. [2] Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan *Visa Infinite* Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make $1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017, and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. ® The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. ® The Aeroplan logo and Aeroplan are registered trade-marks of Aimia Canada Inc. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

Before and after, zits and all

BODY IMAGE

From anxiety to makeup tips: Lalonde's book covers a lot

Growing up in Waterloo, Ont. Estée Lalonde was an introverted kid who had trouble making friends.

Now, she's a 26-year-old YouTube sensation, living in London and partnering with brands like Burberry and The Body Shop.

Fittingly, Bloom is the name of her book, published by Appetite by Random House. In it, she focuses on beauty, body image and fashion, while also discussing her experience with childhood anxiety and the depression she experienced after moving to London alone at the age of 19.

The book is a physical addition to her already established online empire, including her Instagram account with 684,000 followers, her Twitter account with 241,000 followers and her YouTube channel with 1.1 million subscribers.

Why a book?
Everything I do is online. I've never really had that moment where I'm like, "Wow, I made this." You can see the views on the Internet, but it's not tangible. I wanted to challenge myself.

How did you start blogging?
When I moved to England seven years ago, I was really upset and I didn't know what to do. I was feeling down. One day I was like, "Maybe I'll get some makeup and cheer myself up." I wasn't even really into makeup at the time. I started Googling "best lipstick" and then I was like, "Oh my god, look at all these blogs!" I didn't even know what a blog was back then. I read them for a couple of months and I was like, "I'm not really doing much else, I could probably make my own." I blogged for six months before I started making videos.

What is it that makes these people want to watch you?
I think just the fact that I'll go on camera with no makeup on and you can see how many zits I have. I think people are like oh, she's not always glamorous and wearing heels. I show both sides — that's relatable.

Starting out, what was challenging?
Really, for three years, I wasn't getting paid to do this. It was a passion and it was fun, but it was a hobby. I didn't know back then, this could be a job.

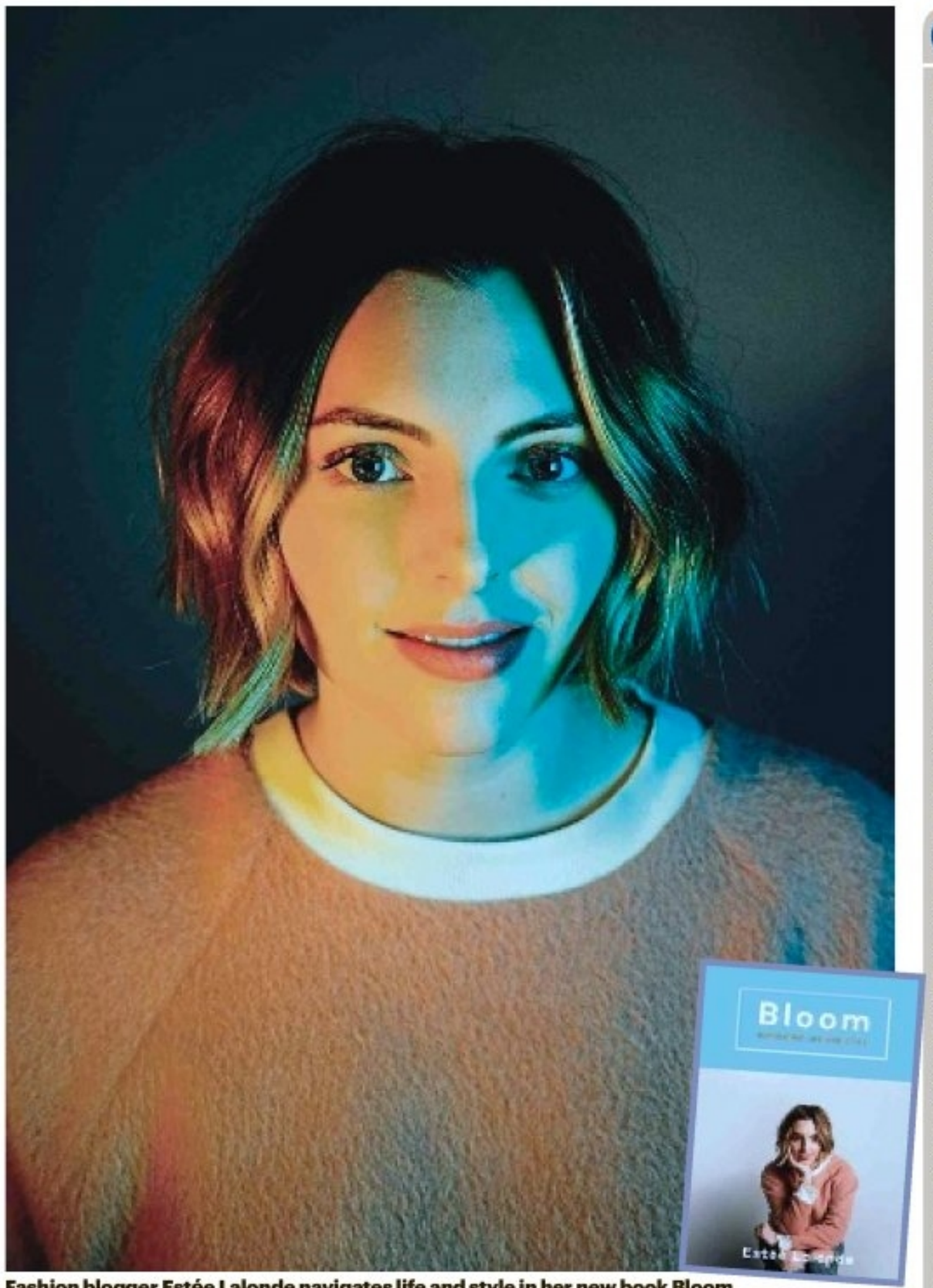
What's your best beauty tip?
I do face masks in the morning. It's some chill time before doing my hair and I really like it. I use sheet masks. I really like the Lancôme one and this one by SK-II.

How do you get paid now?
Ads that appear before videos, sponsored videos and brand partnerships. For instance, I'm working with Adidas as an ambassador for the next year. I think bigger brands are starting to be like, "OK, these people have a cool platform and how can we work together?"

How important is it to you to be transparent about partnerships and saying when you've been gifted items?
It's essential. And you have to by law. I want to do it too — I'm proud of every collaboration I do. When I say yes, it's because I love the brand.

This interview has been edited and condensed.

TORSTAR NEWS SERVICE



Fashion blogger Estée Lalonde navigates life and style in her new book Bloom.
RANDOM HOUSE/CONTRIBUTED

BOOK EXCERPT

How to be less anxious

1. Go into social settings thinking "just be yourself."
2. Don't put on any fronts or personas to impress the people around you.
3. The real party doesn't get going till you're much older. If you're still in your teens, you're not missing out now.
4. It's OK not to get along with everyone.
5. Focus on what you care about most and the real friends will come.
6. If I'm feeling really wound up I will go to the washroom, look at myself in the mirror and say, "You can do this!" That's just the mantra that works for me, but I suggest coming up with your own!
7. When I get anxious I find myself holding my breath. Take a few minutes alone to breathe in and out deeply and slowly — that always calms my nerves.
8. Find someone you feel comfortable around and focus on them until you're relaxed enough to mingle with new people.
9. Before a social situation listen to something such as music or a podcast.
10. Remember that you're not the only person who feels anxious. It's just the feeling of adrenaline rushing through your body and everything will be OK. I wish my younger self knew that there were people out there in the world who would accept me — and not only accept me, but like me! What a concept.

ESTÉE LALONDE'S NEW BOOK, BLOOM, FOCUSES ON BEAUTY AND FASHION, WHILE ALSO DISCUSSING HER EXPERIENCES WITH ANXIETY AND DEPRESSION.

PODCASTS

Clues about Mystery Show's future

On her podcast Mystery Show, Starlee Kine has pulled off such sleuth successes as ID-ing the owner of a long lost belt buckle, deciphering the true meaning of a licence plate that read "I Luv 911," and establishing for posterity the precise height of Jake Gyllenhaal, at least according to Jake Gyllenhaal himself.

The show became representative of our current Golden Age of podcasts, topping the iTunes charts in Canada and the U.S. Lauded by iTunes as the Best New Podcast of 2015, it lingered among the Top 100 in Canada until as recently as Oct. 9.

Yet Kine, 41, has created a mystery of her own during the show's extended hiatus. A cryptic statement she posted on Mystery Show's Facebook page and Medium.com only stoked the suspense.

Kine described working on the second season as "rough." Beyond that, she wouldn't speak about any new cases. "It's hard to talk about things that you are actively working on because that can even mess something up creatively," she says.

But Kine will be providing new clues on Nov. 20, when she presents Mystery Show live at Toronto's inaugural Hot Docs Podcast Festival. Kine confirms that part of the show will be an episode that she reads live and plays interview clips from.

The mundane mysteries Kine explores are often overshadowed by the characters she meets along the way: take the 911 operator who received a call about a dog driving a car, for example. The show serves as a forum for Kine to follow her natural curiosity about people.

"If I go to a restaurant and I see someone eating by themselves, even if I've gone there by myself, I almost can't get through dinner because I am so worried about them," she admits.

Kine struggles under the burden of her own standards. Her bar is currently set to Donald Glover heights, as she's been obsessed with his TV series Atlanta.

"I just like watching and reading and listening to things that are really committed to what they're doing. I don't mind failure if it's really trying to do something. I like vision."

TORSTAR NEWS SERVICE

Podcast Mystery Show was a breakout hit before going dark for 15 months and counting. Its creator Starlee Kine, pictured above, will preview its future at Toronto's first Hot Docs Podcast Festival Nov. 20. TORSTAR NEWS SERVICE

Volunteerism integral to community success

York Region hospital gives volunteers world-class opportunity

Neila Poscente (left), president and CEO of Southlake Foundation, with Dave Wattling, chair, Southlake Foundation Board of Directors. CONTRIBUTED

When Dave Wattling moved from Toronto to Newmarket seven years ago, he was pleasantly surprised. "I found a strong sense of community," he says. "I wanted to be part of it and help strengthen it."

So Wattling, vice president at TELUS Health in Toronto, looked for ways to donate his time, business expertise and passion for health care. He found his calling by volunteering on the board of directors for Southlake Foundation — an organization that supports the ongoing work and goals of Newmarket's Southlake Regional Health Centre. "I've got a long history of volunteer work," says Wattling. "It just fit my desire to give back."

All across the country, volunteers play a vital role in our schools, charities, health care system and more. And with National Philanthropy Day on November 15, this is a good time to think about volunteering. In Wattling's case, his connection to the community has grown significantly since he started as a volunteer board member. Last February, he became chair of Southlake Foundation's Board of Directors — a role that applies his business skill and experience. "The Foundation exists to support the hospital," he says, "so one of my roles is to align the needs and the vision of the hospital with the Foundation's ability to raise the necessary funds."

Another major part of his role is attracting interested board members. He looks for people who want to donate to the hospital, as well as those who have connections to different communities and corporations in York Region.

Even more important, though, is finding volunteers who have a passion for health care. "There are lots of different talents and skills out there," says Neila Poscente, president and CEO of Southlake Foundation, "but that passion and willingness to get involved to make health care better here is huge."

As York Region continues to grow, so do the demands placed on Southlake. That's why Poscente is looking to grow the number of board members over the coming year. If you're passionate about health care, Southlake Foundation might be the right fit for you. If you are considering getting involved and would like more information on becoming a board member, contact Southlake Foundation at (905) 836-7333 or visit **southlakefoundation.ca.**

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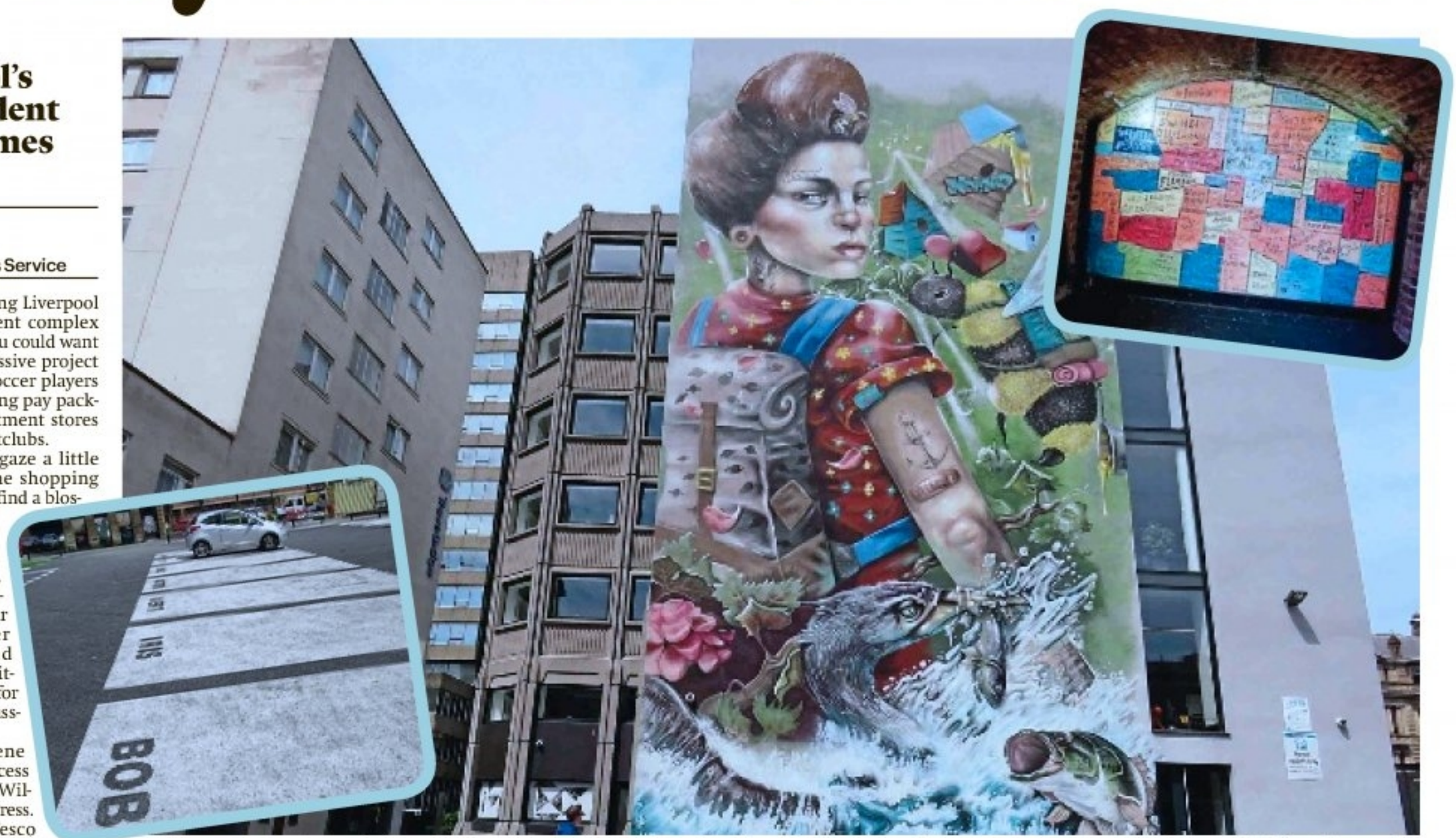
A city of rule breakers

ENGLAND

Liverpool's independent scene comes together

Tamara Hinson
For Torstar News Service



In Liverpool, street art can be found on the walls and parking spaces alike. Top right: The Cavern Club is where the Beatles played some of their first shows and remains one of the most popular venues in the city. TAMARA HINSON/FOR METRO

There's no denying Liverpool One entertainment complex has everything you could want in a city. The massive project has bars full of soccer players celebrating bulging pay packets, glossy department stores and packed nightclubs.

But cast your gaze a little wider beyond the shopping centre and you'll find a blossoming independent scene.

It's one with fewer bearded, full-sleeved hipsters than similar scenes in other U.K. cities, and more of a shout-it-out-loud passion for independent, grassroots enterprise.

And it's a scene that owes its success to friends David Williams and Oliver Press.

"The fourth Tesco and third Costa Coffee had opened within a square mile of where we lived," recalls Williams, a 25-year-old born-and-bred Liverpudlian. "We had to do something."

The pair started a blog about Liverpool's independent businesses, and, in 2013, they launched Independent Liverpool, where members sign up for an Independent Liverpool card that provides access to discounts at 100 (and growing) local, independent businesses.

"What we love about Liverpool's independent scene is that it's not pretentious," Williams explains.

"It's exploded in the last five years and every week there's something innovative happening. It's always been a city of rule breakers and risk takers, and this creates the perfect environment for an independent scene to thrive."

In the Baltic Triangle, Hipster-filled cafés squeeze alongside grimy warehouses (and I mean warehouses in the true sense — not ones converted into nightclubs or bars or coffee shops). But I found a few gems, including the Hobo Kiosk.

I noticed this tiny second-hand store because of the wooden chair attached to the outside wall, metres off the ground. Inside, I found haphazardly-stacked piles of rare teen annuals dating back to the '60s, lovingly polished vintage sweet tins and fantastically kitsch homeware.

Unlike the Baltic Triangle, the nearby Ropewalks area's ascension to coolness is definitely complete.

"The Ropewalks is Liverpool's independent mecca," Williams tells me. "It represents Liverpool's past, present and future and radiates the buzz of the city."

So-called because it was once home to the ropemakers whose main business came from the ships calling in at Liverpool's docks, the area comprises several long, straight streets adjacent to each other. Legend states they were designed this way because the tradesmen needed to lay out their lengths of rope.

> **It's always been a city of rule breakers and risk takers, and this creates the perfect environment for an independent scene to thrive.**
> David Williams, Independent Liverpool

The streets are filled with independent businesses: galleries, bookshops and record stores. One of my favourites is Leaf on Bold Street. Inside the spacious, airy café, a huge light installation declares: "Where there's tea there's hope."

It's incredibly homely, with frilly lampshades, enormous sofas and a menu listing 60 types of tea. Homemade cakes are displayed under ornate glass lids.

Other Ropewalks favourites include Rennie's Arts and Crafts, a 40-year-old art store where staff still tote up customers' bills on calculators, and Lucha Libre, a Mexican street-food restaurant where the food is authentic and delicious.

One afternoon, I take a shortcut and find myself staring at an enormous mural — a smiling woman rising up out of a fish-filled expanse of water. It covers the entire side of a building which faces onto a car park.

But my companion then points out another piece of street art. Every single one of the car parking spaces has been personalized, with names — Earl, Betty, Bob and Iris, to name a few — painted neatly in bright white paint.

And while other city centres are all too often filled with identikit restaurants and bars, in Liverpool, even the pubs owned by larger companies have an independent streak.

One of the newest restaurants is the Old Blind School. The gastropub is housed in a building that dates back to 1791, once housed one of the U.K.'s first schools for the blind. Beyond the weathered stone façade is a beautiful wrought iron staircase, artfully exposed brickwork and sculptures of hands acting out sign language.

It's the perfect place to line my stomach prior to my last hurrah — a night at the famous Cavern Club, a Liverpool institution and the birthplace of the Beatles. The subterranean venue is hot and cramped, but the vibe is fantastic, and the Rolling Stones tribute act is going down a storm.

The lead singer, who prances across the stage — head jutting, limbs flailing — has obviously spent a huge amount of time studying Mick Jagger.

At the end of his set, he spends five minutes doing star jumps on the spot. I don't remember this being one of Jagger's trademark moves, but then again, in Liverpool, things are rarely done by the book.

Tamara Hinson's trip was sponsored by Marketing Liverpool.

Hawaii volcanoes 'one heckuva hike'

OUTDOORS

Guided tours get as close as possible to moving lava

Jennifer Allford
For Torstar News Service

About 1.8 million people come to the Hawaii Volcanoes National Park every year. THE ASSOCIATED PRESS

We're walking down a gravel road toward the spot where lava is pouring into the ocean like cake batter into a pan. We're transfixed by the giant billow of steam caused when lava hits the water.

The ocean is to our left and fields of black lava stretch up the mountain to our right. A line of smoke runs down the mountain where sparse trees have burst into flames because of the 1,200 C molten rock running in a tunnel underneath.

It's going to be one heckuva hike.

We're at Hawaii Volcanoes National Park, a UNESCO World Heritage Site on the east side of Hawaii Island and home to one of the most active volcanoes in the world.

About 1.8 million people come to see the volcano every year, many driving to the lava lake at the top of the mountain. Visitors can rent a bike or hop on a boat to see the "ocean entry."

We avoid the ocean entry, taking a hard right off the road to hike the black lava up toward the peak.

"The goal is for us to get really close to moving lava," says our guide Dominik Stauber, co-owner of Hawaii Outdoor Guides.

We're well equipped for the task. Stauber has set us up in lightweight packs with all the snacks and equipment we need for the 20-kilometre trek, including six bottles of water.

The first few steps are tentative — it feels like you're walking on a macaron and you might crash through to the gooey part in the middle.

We stop now and then to take down a bottle of water, rest and notice the shiny blue flecks in the black rock we're sitting on. Stauber hauls out his binoculars to look for orange.

We find it, coming around a bend to spot a "toe" of lava peeking out under a bed of black a couple of metres away. We move back a little to cooler ground. The toe bursts and the lava starts creeping toward us.

It sizzles. We gasp.

When it's really hot, the lava can move about a foot a minute. But after a few metres, the flow stops as suddenly as it starts.

It cools down fast when it hits the deep freeze of the 28 C air, Stauber explains. After we take a few (hundred) pictures of boiling rock, we get our headlamps ready and start hiking out.

The black lights up as the sun fades. Lava contains silica — glass — that reflects the light from our headlamps and the stars (the newer the lava the shinier, because the glass hasn't been broken down yet).

We lie on our backs to enjoy the other light show, the thick blanket of stars, and the plume glowing orange in the dark. There's a shooting star. And another.

Back on the gravel road, people returning from the ocean entry zoom past us on their bikes.

I admit I'm jealous of their wheels as we trudge toward the parking lot, our headlamps bobbing in the dark. But as I take another swig from my fifth water bottle and turn around for a last look at that orange in the distance, I know I wouldn't trade that hike for anything.

Jennifer Allford was a guest of the Island of Hawaii Visitors Bureau and its partners, which didn't review or approve this story.

WHEN YOU GO

Go on the lava flow hike The hike with Hawaii Outdoor Guides costs $179 U.S. per person. It's about 45 minutes from Hilo to Hawaii Volcanoes National Park.

Don't pocket the lava Lily Dudoit, who gives cultural tours of lava artifacts around the Sheraton Kona, says, "It comes down to one simple fact. It belongs here."

Do stop for poke You'll need some protein before your hike. Try the Suisan Fish Market in Hilo for poke — rice (brown or white) with two types of cubed, flavoured raw fish.

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"With Edwin, it could happen soon": Edwin Encarnacion's agent Paul Kinzer to Sportsnet 590's Jeff Blair Show about the free agent slugger's future

Dickey deserves more in exit

Richard Griffin

On Thursday morning the Atlanta Braves signed free-agent right-hander R.A. Dickey to a one-year contract, plus an option. According to the Atlanta Journal-Constitution, the former Blue Jays starter will receive $7.5 million in 2017, plus an $8-million club option for 2018 with a $500,000 buyout. The 42-year-old knuckleballer was earning $12 million with the Jays in the final season of a four-year deal.

Most Jays fans will simply say good riddance to Dickey and his capricious specialty pitch and, hey, let's find a legitimate backup catcher for Russ Martin. Dickey's declared free agency was greeted with an apathetic shrug from fans. Realistically, Dickey deserves a better send-off for his four-year body of work in a Toronto uniform.

Fans mainly remember and resent him for the frustrating nature of his ever-dancing knuckler. They will remember the fact that he needed a personal catcher, Josh Thole, and many fans will vividly remember one or more of the 15 frustrating starts in which he failed to last at least six innings while also giving up five or more earned runs. In those 15 horrible starts out of 130, his ERA came out to 11.09. In his other 115 Jays assignments, Dickey averaged more than 6-1/3 innings with a solid 3.39 ERA.

Fans will resent Dickey for the fact that he won a Cy Young Award with the Mets in 2012, but never came close with the Jays. They will remember him poorly every time Mets right-hander Noah Syndergaard pitches on television, flashing his 100-plus m.p.h. fastball, while Dickey topped out at 84 m.p.h.

Manager John Gibbons remembers some of the positive reasons why the durable righty stayed in the rotation, until being bumped in August.

"He was steady as can be for four years," Gibbons said upon hearing the news. "He won in double figures, ate up a lot of innings and there was something to the knuckleball effect on other teams."

Dickey's arrival in Toronto was a classic case of being in the wrong place, but maybe at the right time. Then GM Alex Anthopoulos had flown personally to his home in Nashville and agreed to a contract extension, lucrative considering he was a 38-year-old who had just posted his first good back-to-back years, including the Cy.

Though Dickey sounded unsure about his future plans during the playoffs, it was clear that even at his advanced baseball age he never had any thoughts of retiring. He just didn't wish to be the malcontent story, taking the focus away from teammates.

If he was going to continue his career, it would never be with the Jays. After four years he needed a return to the NL East, with no DH and several teams that always under-compete. Consider that in his three years with the Mets he was 39-28 with a 2.95 ERA, allowing 55 home runs in 616-2/3 innings. In four Jays seasons battling in the AL East, he was 49-52 with a 4.05 ERA, allowing 114 homers in 824-1/3 innings.

R.A. Dickey won't be returning to the Blue Jays in 2017. The knuckleballer signed with the Atlanta Braves on Thursday. STEPHEN DUNN/GETTY IMAGES

Dickey's arrival in 2013 coincided with the return of Gibbons and the acquisition of big-name players including shortstop Jose Reyes, left-fielder Melky Cabrera and starting pitchers Mark Buehrle and Josh Johnson. That was supposed to return the Blue Jays to the post-season for the first time in 21 years.

The Jays' payroll was the highest in team history. Anthopoulos and president Paul Beeston brought back the franchise's original blue jerseys and made the bold roster moves to revitalize a flagging brand. Vegas odds listed the Jays as winter favourites. They failed, but the plan did bring new fans to the show.

The Jays reached the ALCS the past two seasons, but Dickey was left off the playoff roster last month. Gibbons had six starters and only needed four.

The Braves need to sign solid players because they will be opening a sparkling new ballpark northeast of Atlanta in 2017 and need to win some games.

There's good news and bad news for Dickey in signing with Atlanta.

The good news is that the new park is close to his Nashville home — "three hours, 15 minutes from doorstep to doorstep."

The bad news is that Atlanta's elevation is 1,050 feet above sea level, with the thin Georgia air creating a type of east-of-the-Mississippi launching pad for homers.

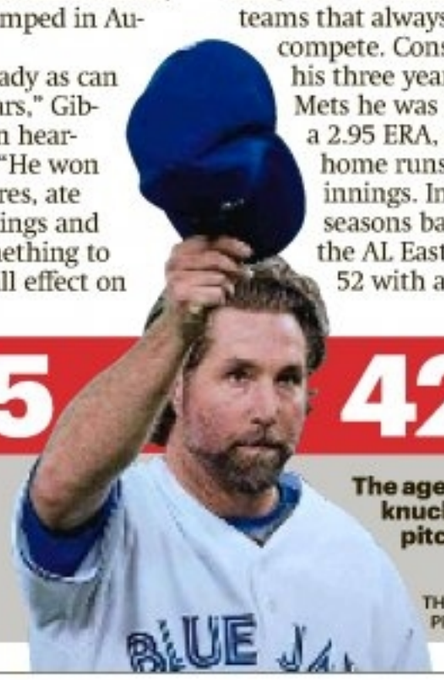
Richard Griffin is a sports columnist with the Toronto Star

20

The number of games Dickey won with the Mets in 2012. The most he won with the Jays was 14, which he achieved twice.

4.05

Dickey's ERA in four seasons with Toronto. He has a mark of 4.01 over his career.



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The age of the knuckleball pitcher.

THE CANADIAN PRESS

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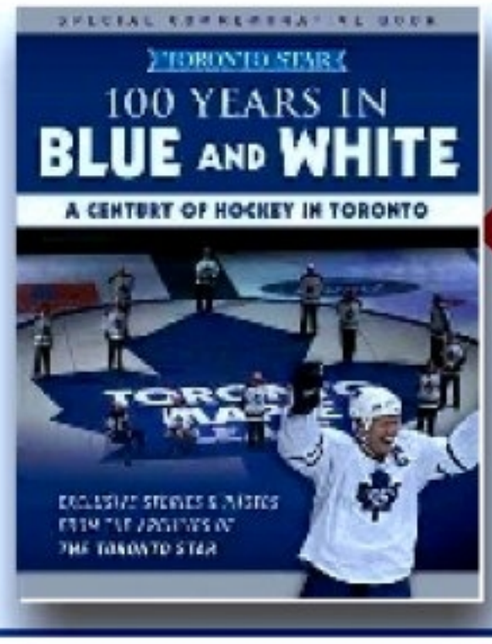

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McGregor, UFC set to take Big Apple by storm

UFC president Dana White steps between a chair-wielding Conor McGregor and Eddie Alvarez at Thursday's pre-fight presser at Madison Square Garden. JULIO CORTEZ/THE ASSOCIATED PRESS

Conor McGregor looked like he strolled straight off a New York fashion show catwalk in his white Gucci mink coat as he raised a steel chair high over his head and took aim on Eddie Alvarez's skull.

UFC president Dana White snatched the top of the chair before McGregor clocked his UFC 205 main event foe. McGregor could only smirk as he asked a frothing crowd at Madison Square Garden how much a chair shot would cost him in a fine.

McGregor was once docked $150,000 for tossing a water bottle at a press conference. He could keep the cash this time — McGregor had his eyes and hands on Alvarez's lightweight championship belt. McGregor was tardy to Thursday's press conference — hey, New York only waited more than two decades for a UFC debut, so what's 15 more minutes — and Alvarez had stormed off waiting for the challenger to show up. McGregor arrived quite fashionably late, skipped across the stage, and promptly swiped the belt Alvarez had left behind at the podium.

"I operate on my own time, and I'm running early on my time," McGregor said.

The faceoff melded the title-fight gravitas of the 1971 Joe Frazier-Muhammad Ali bout at the Garden with the steel-chair silliness of Hulk Hogan and Mr. T vs. Roddy Piper and Paul Orndorff in the first WrestleMania.

"This is not like any other fight," White said. "This is a massive enormous show."

The promotion wasted no time in announcing it would return for UFC 209 on Feb. 11 at Barclays Center in Brooklyn.

"This is what confidence looks like," the decked out McGregor said as thousands of fans erupted in cheers.

This is what UFC in NYC looks like at MSG.

Ultimate Fighting Championship is stoked for its legalized return and loaded UFC 205 card with three title fights and some of its biggest stars for Saturday night's pay-per-view.

McGregor, the Irish fighter with the brash public persona, could have sold out the Garden on the strength of his name alone. The featherweight champion and the UFC seem poised to smash MSG's gate record set in a 1999 boxing match between Lennox Lewis and Evander Holyfield. That bout drew $13.5 million and more than 21,000 fans stuffed MSG.

So the New York revenue flow zealously starts on Saturday night.

The chairs will be filled with fans and not in the hands of a championship challenger.

UFC wants to prove to New York it was worth the wait."Finally we're here," White shouted. "The biggest, baddest fight card in UFC history!"

THE ASSOCIATED PRESS

$137M

It's estimated that MMA could generate $137 million in annual economic activity with fights in New York City and upstate venues.

IN BRIEF

'Bud' to take on Molina Jr. for 140-pound prize

Undefeated 140-pound world champion Terence "Bud" Crawford and top contender John Molina Jr. are scheduled for a 12-round fight Dec. 10 at CenturyLink Center in Crawford's hometown of Omaha, Neb.

THE ASSOCIATED PRESS

McEwen opens strong at Tour Challenge in B.C.

Winnipeg's Mike McEwen improved to 2-0 with an afternoon win over Brendan Bottcher of Edmonton at the Grand Slam of Curling Tour Challenge on Thursday in Cranbrook, B.C.

McEwen scored three in the first end, added two in the fourth and a single in the seventh en route to a 6-3 win over Bottcher.

THE CANADIAN PRESS

Rosberg closes in on F1 title

With a third straight Brazilian Grand Prix title on Sunday, Nico Rosberg can match the feat of his famous father by winning the Formula One title.

THE ASSOCIATED PRESS

Backup bigs give Casey options

RAPTORS

Young centres bring different tools to court behind starter

Lucas Nogueira and Jakob Poeltl GETTY IMAGES

There's the bubbly, always smiling Brazilian who has been betrayed by his body more times than he'd like to admit.

There's the rather laconic Austrian still finding his way in the NBA, a promising youngster who discovers something new every time he steps on the court.

It is an unusual coupling, this two-headed Toronto Raptors centre monster of Lucas Nogueira and Jakob Poeltl, but it has given rise to optimism around the team that a suitable backup exists for Jonas Valanciunas, and a starter for whenever the incumbent is unavailable.

Coach Dwane Casey is now never certain which one he'll turn to each night, going by feel in the moment and a sense of matchup and need, comfortable that one of them will figure it out.

And it doesn't matter which one, really.

Poeltl had assumed the mantle of Valanciunas backup and replacement. He started the two games that Valanciunas has missed with a sore knee and acquitted himself well for a first-year player.

But Nogueira came to the rescue Wednesday night in Oklahoma City, recovered from yet another injury — a tweaked ankle picked up in the final preseason game — to provide the front-court athletic spark the Raptors needed to finish out a 112-102 win over the Thunder.

"(It's) matchups more than anything else," Casey said here Thursday. "Speed and quickness. Lucas does a really good job of really getting out on some of the speedster point guards … and there's some matchups on the big guys that Poeltl does a better job."

The two are disparate personalities with disparate skills that give Casey options. Nogueira can be electric, taking lob passes to finish off screen-and-roll plays that energize his teammates and presenting an imposing, if thin, presence at the rim because of his freakish length.

Poeltl, for a rookie, is polished in many intricate facets of the game. He has a nose for the ball off the glass, generally sets solid screens and doesn't usually make the same mistake twice.

For Casey, it's a matter of who can help the most in a hurry.

"I said at the beginning of the year, it's going to be a nightly personnel-driven situation," the coach said. TORSTAR NEWS SERVICE

WORLD CUP QUALIFYING BRAZIL BLASTS ARGENTINA Brazil's Paulinho dribbles the ball around Argentina goalkeeper Sergio Romero during a World Cup qualifier on Thursday in Belo Horizonte, Brazil. Philippe Coutinho, Neymar and Paulinho scored in a 3-0 victory for Brazil, which sits atop of the South American qualifying group. Argentina is currently on the outside looking in occupying the sixth spot out of 10 teams. BUDA MENDES/GETTY IMAGES

CFL

Jackson emerges as MOP finalist

Five years ago Ernest Jackson was playing in the Ultimate Indoor Football League. Now the dangerous receiver is the East Division nominee for Most Outstanding Player in the CFL.

Jackson, who broke into the league in 2012 with the B.C. Lions, wore his trademark smile as he spoke Friday of the recognition for his performance this season.

"It's an incredible honour for me personally," Jackson said. "It feels great to have something like that knowing how much I grinded it to get this far and to see it all come together is a beautiful thing.

"It's been a great journey coming from arena football. I'm taking it all in and I'm enjoying it."

Jackson is one of four Ottawa receivers who surpassed the 1,000-yard mark for a second straight season with 1,225 yards and 10 touchdowns. Most impressive was the fact Jackson, a native of Rochester, N.Y., didn't drop a pass all year.

Calgary quarterback Bo Levi Mitchell was the MOP nominee in the West. THE CANADIAN PRESS

Ernest Jackson THE CANADIAN PRESS

IN BRIEF

The comeback was remarkable, and you learn about people when they're down.

U.S. President Barack Obama who welcomed Kyrie Irving and the NBA champion Cleveland Cavaliers — who came back from a 3-1 deficit to top the Golden State Warriors in June's Finals — to the White House on Thursday, the same day he met with president elect Donald Trump after Tuesday's election.

Ciganda, Smith in tie for lead at Ochoa Invitational

Carlota Ciganda birdied three of the last six holes Thursday for a 5-under 67 and a share of the lead with Sarah Jane Smith in the Citibanamex Lorena Ochoa Invitational on Thursday in Mexico City. THE ASSOCIATED PRESS

Seahawks' Sherman fined for hit on Bills kicker

Seattle Seahawks cornerback Richard Sherman confirmed Thursday he's been fined $9,115 by the NFL for his hit on Buffalo kicker Dan Carpenter in last Monday's game against the Bills. THE ASSOCIATED PRESS

Sounders forward voted MLS' rookie of the year

Seattle forward Jordan Morris has been voted Major League Soccer's Rookie of the Year after scoring 12 goals in his first professional season.

He received an average of 45 per cent of the vote in balloting by players, media and club management that was announced Thursday. THE ASSOCIATED PRESS

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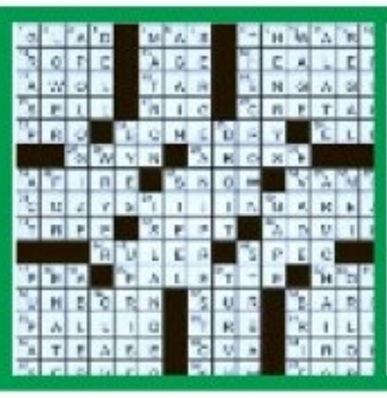

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Carpenter set to equal record

RUGBY

Canada captain will earn 76th cap versus the Irish in Dublin

Captain Aaron Carpenter will move within one game of Al Charron's Canadian record of 76 caps when he leads Canada out for a high-profile rugby test against fifth-ranked Ireland in Dublin on Saturday.

The Canadian men, ranked 18th in the world, will have to contend with an Aviva Stadium crowd of more than 50,000 looking to celebrate an Irish team coming off a historic 40-29 win over the top-ranked All Blacks last Saturday in Chicago.

"It's a big occasion," Canadian coach Mark Anscombe said. "We don't get Tier 1 games very often. So we're very conscious of the importance of performing well on Saturday."

Canada is 0-6-1 all-time against Ireland, including a 50-7 defeat at the 2015 Rugby World Cup. The Canadians are a 33-1 underdog this weekend, according to British bookmaker Ladbrokes. The Irish, meanwhile, are on a high after their first win over New Zealand in 111 years of trying. The All Blacks conceded 40 points for only the fifth time in history while seeing their record win streak end at 18 tests.

The fans Saturday will be seeing a new Irish team. Coach Joe Schmidt has named a totally new starting 15 to face Canada, with an eye to resting players for the Nov. 19 return match against the All Blacks and a Nov. 26 date with third-ranked Australia.

There are three uncapped players in the Irish starting lineup, with another five waiting on the bench.

Flanker Peter O'Mahony, who has 35 caps and captained Ireland to a 40-14 win over Canada in Toronto in June 2013, will lead the home side. The Irish backline features Keith Earls, who has 52 caps while the pack includes back-rower Sean O'Brien (42 caps).

"You look at the calibre of some of the players that they have in this team that's playing against us and they're quality players," said Anscombe. "They'll also take it as an opportunity to prove to Joe what they're capable of doing and want to press on to play the All Blacks the following week.

> **We don't get Tier 1 games very often. So we're very conscious of the importance of performing well on Saturday.**
> Canada coach Mark Anscombe

Saturday's game is the first on Canada's three-match European tour. Anscombe's team will face No. 16 Romania on Nov. 19 in Bucharest and No. 14 Samoa on Nov. 25 in Grenoble, France. Carpenter, a 33-year-old forward from Brantford, Ont., will earn cap No. 75 in Dublin.

"He really impresses me, Aaron, as an individual," said Anscombe. "He goes about his work in a very professional manner. He's strong, he's tough and he's durable. And he holds a lot of respect from the squad so he was an easy selection for the captaincy."

Aaron Carpenter leads the Canadian men's rugby team, who are 18th in the world, into Dublin for Saturday's tilt against the world's fifth-ranked team Ireland. BERTRAND LANGLOIS/AFP/GETTY IMAGES

Charron, a hard-nosed forward, won his 76 caps from 1990 to 2003. Carpenter, who will start at No. 8 but can also play hooker, made his international debut in 2005 against the U.S. Anscombe is starting an experienced and talented back line featuring DTH van der Merwe, Taylor Paris, Ciaran Hearn, Conor Trainor, Connor Braid, Matt Evans and Gordon McRorie.

Djustice Sears-Duru, Ray Barkwill and Jake Ilnicki form a tough front row, backed by locks Brett Beukeboom and Evan Olmstead.

Carpenter is joined in the back row by 25-year-old Kyle Baillie and 21-year-old Lucas Rumball. THE CANADIAN PRESS

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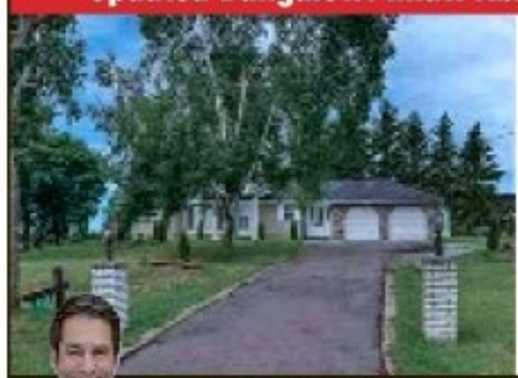

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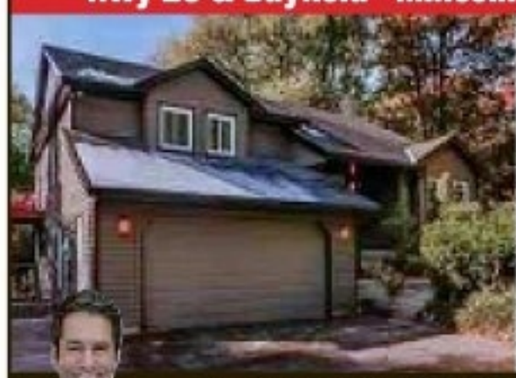

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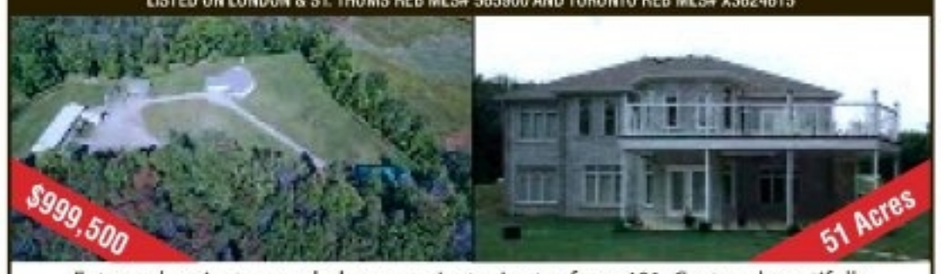

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EMPLOYMENT

AVEX

JOB FAIR
NOVEMBER 15 & 16, 2016

AVEX FLIGHT SUPPORT VISTA CARGO TERMINAL | 6500 Silver Dart Drive Mississauga L5P 1C4 | Building D Main Floor - Room D103
TEL:905 672 2839

AIRCRAFT INTERIOR CLEANERS | OPEN for both Female and Male

WORK LOCATION: TORONTO AIRPORT

JOB DESCRIPTION: Cleaning flight deck, lavatories, galleys, crew bed, removing garbage from the seat pockets, vacuuming the floor, wiping seat trays.

AIRCRAFT INTERIOR CLEANERS: $11.40/hrs from 30/hrs to 40hrs per week, Permanent Part-tme, Operation 24/7 including weekend and holidays, extended benefits after 6 months.

REQUIREMENTS:

- Original and a copy of passport/valid or expired PR
- Open permit or citizen card/certificate
- Void cheque or direct deposit form
- Additional written note of 5 yrs home address and work history, including uemployed history from 2011 - 2016

THE MAIN INTERSECTION AIRPORT ROAD AND ORLANDO DRIVE OPPOSITE OF ZETS RESTAURANT

Clintar

Clintar Downtown is seeking **EQUIPMENT OPERATORS AND SNOW SHOVELLERS FOR THE WINTER SEASON**

Equipment Operators must possess a minimum "G" Licence and Drivers Abstract
- Heavy Equipment, Skid Steer and Plowing experience an asset

Both Positions: Equipment Operators and Snow Shovellers
Job Duties Include:
- Ability to work all shifts including early mornings and late evenings
- Must be able to perform physical duties
- Clear and maintain parking lots, driveways, walkways and outdoor stairs.
- Must be able to follow instructions
- Good Customer Service, Professional Demeanor

Please forward your resume to: **downtown@clintar.com**
Successful Applicants will be contacted

RECIPE Veggie Sloppy Joes

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

End the week with an OG childhood meal. It's healthier than your cafeteria memories but just as messy.

Ready in
Prep time: 10 minutes
Cook time: 30 minutes
Serves 4

Ingredients
- 1/4 cup olive oil
- 1 chopped onion
- 1 chopped red pepper
- 2 (14 oz) cans of black beans, rinsed
- 1 (14 oz) can of chick peas, rinsed
- 1 cup tomato sauce
- 2 Tbsp red wine vinegar
- 1 tsp maple syrup
- 1/4 tsp cumin
- 1/4 tsp chili powder
- 1/4 tsp paprika
- 1/8 tsp salt
- 1/2 cup shaved cheddar

Directions

1. In a large skillet, heat the oil over medium heat. Add the onions and peppers. Saute until the vegetables are softened.

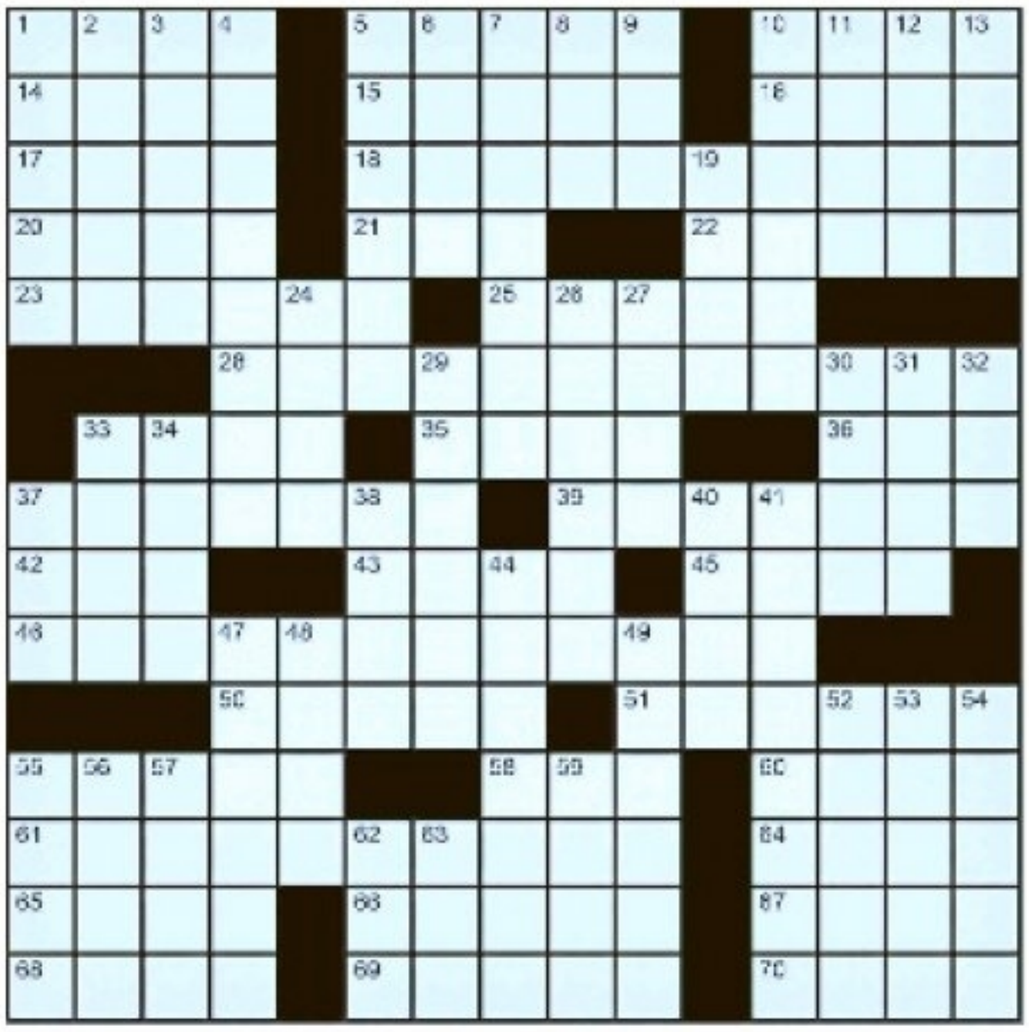
2. Add the beans, tomato sauce, vinegar, maple syrup, cumin, chili powder, paprika and salt. Simmer for 15 minutes.

3. Serve on toasted whole grain bun and sprinkle with cheddar cheese.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Powder
5. Johnny, and surnamesakes, of "Platoon" (1986)
10. Has bills
14. Repeat
15. Blades
16. Pro __ (In proportion)
17. Five-__ General
18. Paul Anka has a role in this epic 1962 war picture about the Normandy Landings of WWII, with The: 2 wds.
20. Mona __ (Celebrated painting)
21. Admiral's org. in The States
22. Sir Coward's
23. __ clock
25. Once more
28. Military vehicles in #46-Across: 2 wds.
33. Appear
35. Farm group
36. 'Speed' suffix
37. Flamboyant
39. Eats bit-by-bit
42. Herbal drink
43. Raison d'__
45. Nada in Nice?
46. Ensemble cast WWII-set war comedy of 1970 featuring Clint Eastwood, Don Rickles and Canada's very own Donald Sutherland: 2 wds.
50. "Remembrance Day" by Bryan __
51. Maximal
55. Stage accessories
58. Final [abbr.]
60. Tooth complaint
61. WWI peace treaty site in France
64. __ Admiral
65. Story
66. Bristly hairs
67. Autos
68. Toboggan
69. __ a clue (Doesn't know)
70. Pants part

DOWN
1. Electrical pioneer Nikola
2. Be a part of, as a war movie: 2 wds.
3. __ Apso (Small dog)
4. "Battle of the __ __" (1959) starring Cliff Robertson, about a 1942 Pacific Theater battle in WWII
5. Downpour
6. Poetic saga
7. Writer's pseudonym: 2 wds.
8. Dowel
9. NNW's opposite
10. WWII - December 1943: Canada takes this ancient town (situated on the Adriatic coast in Italy) from Germany
11. Walk in shallow water
12. And others, briefly: 2 wds.
13. Articulates
19. Miffy mood
24. Electrical resistance units
26. James of "The Great Escape" (1963)
27. "The King __ __" (1956)
29. Beat
30. Cairo's river
31. Razor-sharp
32. Fathers of Jr.s
33. WWII war picture, "Pursuit of the Graf __" (1956)
34. Airline of Israel: 2 wds.
37. 'S' in NYSE [abbr.]
38. "__ __ Rebel" by The Crystals
40. Rocker Mr. Michaels
41. WWII war picture, "Sink the __!" (1960)
44. Outcomes
47. Ran out
48. Q. "Is '__,' __ way to abbreviate NFL field measurements?" A. "Indeed."
49. Beginning
52. North Atlantic __
53. Portion
54. Short
55. Mil. ranks
56. Actual
57. Knight's heraldic wreath
59. Trim
62. 'Book' suffix
63. Pasture place

✱ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

♈ **Aries** March 21 - April 20
Today you will feel more emotional about things. It's as if your feelings catch you off guard. Don't worry about this, because this planetary influence is gone by tomorrow.

♉ **Taurus** April 21 - May 21
By evening, the Moon will be in your sign, where it will stay until late Monday. This actually brings you a bit of extra good luck. Enjoy this advantage!

♊ **Gemini** May 22 - June 21
A conversation with a female acquaintance might be important to you today. You'll find it easy to let down your hair and put your cards on the table.

♋ **Cancer** June 22 - July 23
For some reason, personal details about your private life are public today, at least in the eyes of bosses, parents and VIPs. There's nothing you can do about this except to cooperate.

♌ **Leo** July 24 - Aug. 23
Do something to satisfy your urge for adventure and a chance to learn something new. Travel somewhere if you can. At the very least, be a tourist in your own city.

♍ **Virgo** Aug. 24 - Sept. 23
Focus on details about shared property, inheritances, taxes and debt today. Tie up loose ends so that they no longer nag you in the back of your mind. Finish something.

♎ **Libra** Sept. 24 - Oct. 23)
You have to go more than halfway when dealing with others today, because the Moon is opposite your sign —-- simply requires a little cooperation and tolerance.

♏ **Scorpio** Oct. 24 - Nov. 22
You'll feel good if you do something today that makes you feel better organized. Clear away some clutter. Catch up on your laundry. Make a to-do list.

♐ **Sagittarius** Nov. 23 - Dec. 21
This is a playful day! Enjoy social outings, playful activities with children and sports events. Social banter with others will please you.

♑ **Capricorn** Dec. 22 - Jan. 20
Although this is a good time for you to shop for wardrobe items, today is not the day. Do this sort of thing tomorrow, and you will have no regrets.

♒ **Aquarius** Jan. 21 - Feb. 19
Short trips and conversations with others, plus increased reading, writing and studying, all are things that appeal to you today.

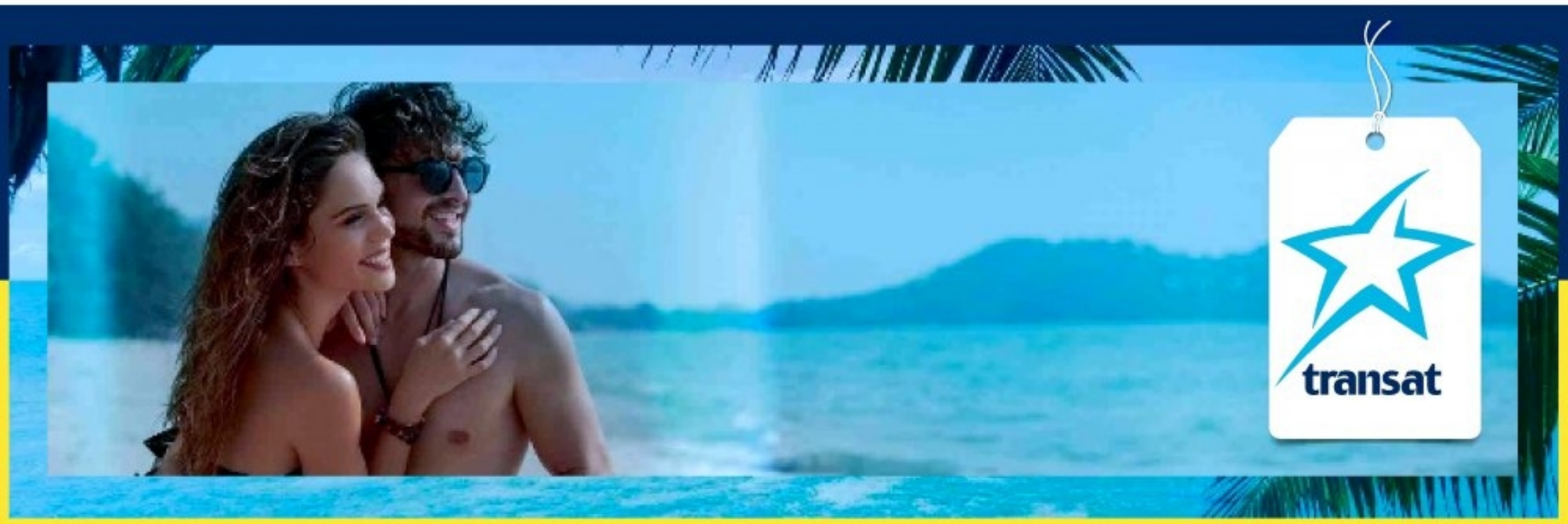
♓ **Pisces**
Feb. 20 - March 20
If shopping today, limit your purchases to gas and food only. Postpone other major purchases for tomorrow. (You'll be glad you did.)

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

Conceptis Sudoku — By Dave Green

	4		6		7			
1	8	9					2	7
		3						
7				5	8			
			4	1				3
						7		
2	6					5	3	8
			2		1		4	



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Paradisus Rio de Oro Resort & Spa 5★
7 nts | Dec 2, 9
+ $340 txs/fees

Riviera Maya
$1049
Azul Fives, A Gourmet Inclusive Resort by Karisma 5★
7 nts | Dec 6, 8 | + $393 txs/fees

Samana
$1249
Luxury Bahia Principe Samana Don Pablo Collection 5★
7 nts | Jan 10, 17
+ $448 txs/fees

FAMILY VACATIONS

Varadero
$549
Meliá Peninsula Varadero 4 1/2★
Junior Suite Elegance Club
7 nts | Dec 2, 3, 9, 10
+ $340 txs/fees

Puerto Vallarta
$839
Friendly Vallarta 4★
7 nts | Jan 5, 12, 19
+ $405 txs/fees

Punta Cana
$1199
Luxury Bahia Principe Fantasia Don Pablo Collection 5★
7 nts | Jan 9, 10, 11, 12, 13
+ $448 txs/fees

HIDDEN GEMS

NEW DESTINATION!
Santo Domingo
$699
Emotions By Hodelpa 4★
7 nts | Dec 18
+ $448 txs/fees

NEW DESTINATION!
Cartagena, Colombia
$739
Decameron Cartagena 3 1/2★
7 nts | Jan 6, 13
+ $344 txs/fees

Jamaica
$779
Royal Decameron Cornwall Beach 4★
7 nts | Dec 3, 10
+ $470 txs/fees

CHRISTMAS VACATIONS

Panama
$1249
Royal Decameron Golf, Beach Resort & Villas Panama 4 1/2★
7 nts | Dec 22
+ $310 txs/fees

Cayo Santa Maria
$1299
Meliá Cayo Santa Maria 4 1/2★
7 nts | Dec 23, 27
+ $340 txs/fees

Holguin
$1299
Hotel Playa Costa Verde 4★
7 nts | Dec 28
+ $340 txs/fees

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